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The Spark, June 21, 2024, Edition 17



The Power of Social Media in Catalyzing Social Justice Movements and Helping us Live the Golden Rule

(DURING PRIDE MONTH AND BEYOND!)

In today's digital age, social media has emerged as a powerful tool for catalyzing social justice movements. Platforms such as Instagram, TikTok, Twitter, and Facebook, provide a global stage where voices that might otherwise be marginalized can reach millions. The immediacy and accessibility of social media enable the rapid dissemination of information, mobilization of supporters, and the ability to hold those in power accountable. This democratization of information empowers individuals and

communities to advocate for change, organize protests, and foster solidarity across geographical and cultural boundaries.

Amplifying Voices and Mobilizing Action

Social media's capacity to amplify voices has been instrumental in various social justice movements. The #BlackLivesMatter movement, for instance, gained significant momentum through social media, bringing global attention to issues of systemic racism and police brutality. Hashtags like #MeToo have empowered survivors of sexual assault to share their stories, leading to widespread societal recognition and changes in policy and corporate behavior. The same can be said about...

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Charter for Compassion News, Programs, and Webinars



The Magical Ability of Music to Inspire Action with Marilyn Turkovich

Every Wednesday at 8am PT/11am ET/4pm BST/8.30pm IST through July, and then back in September.

Our Executive Director, (and now DJ) Marilyn Turkovich, brings to the session a few pieces of music that allow space for reflection, helping to transcend cultural barriers, inspire kindness, and evoke a sense of peace.

Let's see what happens when we come together!

Learn More and Register Here



Circle of Trust: The Charter Sangha

Saturday, June 29, at 9am PT/12pm ET/5pm BST/9.30pm IST

Celebratory Sangha brought to you from Taunton, UK to celebrate this city becoming a Compassionate City

On the last Saturday of every month, the Charter for Compassion offers a 90-minute practice of people coming together to be in a Circle, a Sangha.

Learn More and Register Here



Empathic Dialogue Café

Tuesday, July 2, at 9am PT/12pm ET/5pm BST/9.30pm IST

On the First Tuesday of every month, Crossing Borders Education offers empathic dialogue cafés so you can deeply connect with caring people. Your regular participation, however small, can strengthen our vision to build caring Charter for Compassion peer communities, spread goodness within society and simultaneously enhance your personal well-being through social connections and a sense of purpose.

Learn More and Register Here



Kitchen Table Chat

Friday, July 5, (Every First Friday) at 8.30am PT/11.30am ET/4.30pm BST/9pm IST

The health sector of the Charter for Compassion gather every first Friday of the month where everyone can share what's happening with friends in our work to elevate compassion. Tell us what you've been up to.

Learn More and Register Here



Thursday, July 18 at 8am PDT / 11 am EDT / 4 pm BST / 8.30pm IST

Eighteen-to-five-year-olds are invited to create **Artistic Bridges** with their visual art, songs, sculpture, drama, dance, poetry, and spoken word.

Learn how to participate, submit, and develop global collaborations.

This webinar is for anyone who wants to get involved, including adult quardians or representatives.

Register Here!



If you'd like to be featured in the LIVE show, email felipe@charterforcompassion.org

In Case You Missed It!

Global Read: "A Case for Compassion: What Happens When We Prioritize People and the Planet"

Recorded on Tuesday, June 18
Duration: 60 minutes

Sara Schairer from "Compassion It" and author of this book, shares her thoughts on compassion in a rich conversation with Board of Trustees Member, Babalwa Ngcongolo.

<u>Compassionate Youth Leaders Dialogue Series, E01: Movements of</u>
Compassion Through Civil Disobedience

Recorded on Friday, June 7 Duration: 62 minutes

A group on college students from the European Arab Student Union in various parts of Europe as well as an interfaith activist in North America discuss their participation in the student protest asking for cease fire in Gaza as well as other movements of civil disobedience. *Is this compassion?*

If you belong to a registered Compassionate City/Community with us, and want to promote your events in The Spark, the Charter for Compassion's newsletter, email contact@charterforcompassion.org

From our Partners



compassionate usa

Yes, it's officially been **1 Year!** Who can believe it??! Seems like just yesterday.

When was the last time you checked out www.compassionateUSA.org?

Do so. Refresh and inspire yourself with the potential of Compassion through education, connections, resources, stories, and so much more!

Here are some exciting CompassionateUSA (C-USA) need-to-knows for you:

- 1. Two new C-USA resources are being launched the *Mayors' Guide to Compassionate & Equitable Cities*, and the *C-USA Community Action Menu*. Make sure that *you and/or someone else* from your organization registers for the no-cost launch and info webinar, *Wednesday*, *June 26*, 4.30-6 pm PDT / 6.30-8 PM CDT / 7.30-9 pm EDT with Mayor Ron Nirenberg* and the C-USA co-creators https://tinyurl.com/Compassionateusa1year
- 2. A C-USA marketing campaign began this last Monday in San Antonio and goes through November 2024. Billboards, social media, radio spots, news interviews, etc. For more details and for possible replication where you live **Contact@CompassionateUSA.org**
- 3. You can still be a C-USA Partner if you aren't already one Partner@CompassionateUSA.org
- 4. No-cost and online Compassion education continues every day and everywhere on Our Planet www.compassionateUSA.org

*Mayor Nirenberg is the current mayor of San Antonio, chair of the U.S. Conference of Mayors' Center for Compassionate & Equitable Cities, and coinspirer of CompassionateUSA.



The Voices for a World Free of Nuclear Weapons Fifth Annual Youth Award will be presented to a youth (35 years of age or younger) or organization pioneering or part of exemplary programs and actions to engage youth in the movement to abolish nuclear weapons. The award honors the legacy of former U.S.S.R. President Mikhail Gorbachev and former U.S.A. Secretary of State George Shultz in their efforts for nuclear disarmament and will be presented on Nuclear Prayer Day, August 6, 2024.

Nomination submissions for the Fifth Annual Voices Youth Award 2024 are now being welcomed with a **submission deadline of June 28, 2024.** Required submission materials include the name of an individual or organization and supporting narrative, 250 words maximum. Additional materials such as online posts, photos, website articles, and video with a maximum of three minutes are welcome.

VISIT VOICES-URI.ORG FOR MORE INFORMATION & TO SUBMIT A NOMINATION

CHECK OUT PRESS RELEASE. PLEASE SHARE WITH YOUR FRIENDS



YOU ARE INVITED TO THE

22ND ANNUAL MULTIFAITH COMMUNITY SUMMIT



"As long as poverty, injustice, and gross inequality persist in our world, none of us can truly rest." - Nelson Mandela

HEAL EXTREMISM AND POLARIZATION TOGETHER:

Join our safe, open space where every voice is valued, stories are shared, and deep listening is practiced.

COLLABORATE AND EXPLORE:

Engage with our diverse and trusted community gathering to uncover the hidden designs and drivers behind these deep-rooted issues.

BE PART OF THE SOLUTION

Transform your ideas into actionable solutions and make a collective impact against extremism and polarization.

"What can WE do?



We're in this together If not us, who?

SUNDAY 2 pm

St. Joseph Parish, Arrupe Rm

"What we CAN do!"



We're better together If not now, when?

VENUE: 732 18TH AVE E, SEATTLE

Enter parking lot on 19th Ave East

REGISTER FREE HERE: https://healingextremism.bpt.me/

Co-Creators: Northwest Interfaith, Sant Nirankari Mission, St. Joseph Parish, Interfaith Community Sanctuary, Call of Compassion NW, Charter for Compassion.

Pay It Forward Donations invited: https://www.northwestinterfaith.org/support-us.html



If you are in Washington State, USA!!

22nd Annual Multi-faith Community Summit

Date: Sunday, June 23, 2024

Time: 2 pm

Location: 732 18th Ave. E, Seattle, WA.



Scan the QR code to register for free!

Featured items on the Store





This 17-ounce, double-walled stainless steel water bottle is perfect for your daily outings.

- High-grade stainless steel
- 17 oz (500 ml)
- Dimensions: $10.5" \times 2.85"$ (27 × 7 cm)
- Odorless and leak-proof cap
- Insulated for hot and cold liquids (keeps the liquid hot or cold for 6 h)

Shop Bottles



Compassion Baby Onesie

Dress your baby to the nines with this 100% cotton one piece. It has three snap leg closure for easy changing, a comfortable envelope neckline, and a beautiful "Start Ripples of Compassion" with our infinity logo in rainbow colors that's bound to get the baby all happy and giggling.

- 100% soft cotton*
- Comfortable envelope neckline
- Three snap leg closure

Shop Baby Onesies





Charter for Compassion, 2024

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