<u>Unsubscribe</u> <u>View in your browser</u>



The Spark, October 27, 2025, Edition 60



# Honoring RainnWilson: Storyteller, Humanitarian & Changemaker

We are delighted to shine the spotlight this week on Rainn Wilson—a

dynamic voice who uses his artistry, faith, and humanitarian commitment to awaken compassion in our world. With humor, heart and unflinching honesty, Rainn calls us to live more deeply, connect more broadly, and love more courageously.

#### A Creative Life in Service

Rainn is best known for his role as Dwight Schrute on *TheOffice*, but his work extends far beyond acting. He is the co-founder of the media collective SoulPancake which invites us to ask life's big questions—and to explore how compassion and meaning emerge in the cracks of everyday life.

In his memoir *TheBassoonKing:MyLifeinArt,Faith,andIdiocy*, he reflects on the intersection of art and faith, writing:

"And I want to find a way to be of service to humanity. I think that's crucial. ... So want to be an artist and a servant, a humanitarian, and I want to play goofy weirdoes."

Another line captures his deep conviction:

"We need to work on making ourselves better human beings, one day at a time... we must... make the world a better, more just and unified place... until all seven billion of us individually, collectively, and politically truly know in our hearts that it is through loving harmony and the pursuit of true collaboration that we can heal the problems of the world."

These words reflect a lifelong commitment: to embrace our quirks, our pain, our longing—and use them to fuel something greater...

**Continue Reading Here** 



Join us for the second edition of the virtual <u>Charter for Compassion Global Youth Conference: Compassionate Leadership for Action & Impact on October 28–30, 2025, featuring special programming by <u>KidsRights</u> through their <u>State of Youth Program</u> on October 30, bringing powerful energy to our closing day.</u>

This year's conference will bring together a powerful collective of youth leaders, and changemakers from across the world to explore how young people are rising to meet today's challenges with empathy, courage, compassion, and a deep commitment to justice and transformation.

Through visionary ideas, purpose-driven dialogue, and collaborative leadership, this conference will equip participants to turn compassion into tangible action, locally and globally.

#### **Compassionate Youth Awards**

We are honored to launch the Compassionate Youth Awards, a celebration of outstanding young changemakers who are leading with compassion and creating meaningful impact in their communities and the world. Awardees will be recognized at the Global Youth Conference 2025.

**Learn More and Register Here** 



# Young Voices, Global Impact: Join us for the 2025 Global Youth Conference by Anum Mulla

Anum is the Charter for Compassion's Global Youth Strategist as well as a member of the Board of Trustees. She shares her thoughts on our upcoming Youth Conference **happening this week!** 

**Read Here** 



Announcing the Charter for Compassion's Global Gala & the 2025 Karen Armstrong Humanitarian Awards

# **Threads of Compassion**

Recognizing Those Who Heal, Uplift, And Unite Humanity

Saturday, November 15, 2025

Online - LIVE broadcast at 8 am PST (4 pm UTC) & 4 pm PST (Nov.16 - 11 am AEDT / 1 pm NZST) to benefit every time zone

# Expect inspiration. Expect connection. Expect to be moved.

Join us in celebrating those who heal, uplift, and unite humanity— and stand with us in weaving compassion into the fabric of our world.

**Learn more and Get Your Tickets Here!** 



# **Cognitive Based Compassion Training (CBCT)**

Compassion  $U^{\text{TM}}$  is a virtual way to learn CBCT© (Cognitively Based Compassion Training), a program developed at Emory University in 2005, to cultivate compassion and emotional well-being in adults. Supported by decades of research, the CBCT program includes self-paced sessions in Compassion U and a weekly live group session with a trained CBCT Instructor to support you to:

- · Strengthen Attention
- · Regulate Emotions
- · Sustain Compassion for Yourself and Everyone You Meet!

CBCT is already transforming the fields of healthcare, mental health, education, and business. Whether for personal healing, professional

development, or a more just world, CBCT equips individuals with the tools to flourish.

**Learn More and Register Here** 



TO BE UNVEILED ON NOVEMBER 12, 2025

This landmark webinar celebrates the launch of **Charter for Compassion 2.0:**From Inner Healing to Planetary

**Flourishing**. Through storytelling, music, archival footage, and voices from around the world, we'll revisit the Charter's origins in 2009 and witness its **renewal** today.

Experience how compassion has taken root in over 55 countries, 600 cities, and 3,000 organizations, and discover the transformative power of the arts, including moving performances by Yael Deckelbaum and Nimo Patel.

Be part of unveiling the Charter for Compassion 2.0 and exploring the Seven Pillars of Compassionate Action that guide our global work — from education and justice to care for the Earth. This is more than a film; it's an invitation to join a worldwide movement for resilience, renewal, and collective flourishing.

#### How and When to Join us!

T When: Wednesday, November 12, 2025

Live Broadcasts at:

7 AM PT / 8 AM MT / 9 AM CT / 10 AM ET / 3 PM GMT 4PM SAST / 8.30PM IST

8

4 PM PT / 5 PM MT / 6 PM CT / 7 PM ET / (NOV.13) 11 AM AEDT / 1 PM NZST

Visit our website or email us to register for this event :

www.charterforcompassion.org

contact@charterforcompassion.org

## **Unveiling of the Charter for Compassion 2.0**

Wednesday, November 12
7am PT / 8am MT / 9am CT / 10am ET / 3pm GMT / 4pm SAST / 8.30pm IST

OR

4pm PT / 5pm MT / 6pm CT / 7pm ET / (Nov.13) 11am AEDT / 1pm NZST

Join one of our LIVE broadcasts as we celebrate with these landmark webinars marking the launch of **Charter for Compassion 2.0 — A Charter for Compassionate Transformation: From Inner Healing to Planetary Flourishing.** 

Through a powerful blend of storytelling, music, archival footage, and voices from around the globe, the production traces the Charter's journey from its origins in 2009 to its renewal today.

**Learn More and Register Here** 

# News, Programs, and Webinars



# Harmony of Humanity: Exploring Common Ground Through Music with Marilyn Turkovich

Every Wednesday through Dec. 17 8am PST / 9am MST / 10am CST / 11am EST / 3pm UTC / 4pm SAST / 8:30pm IST

Music has been an integral part of every culture throughout history, reflecting the unique characteristics and traditions of different societies. From the rhythmic beats of African drums to the intricate melodies of Indian ragas, music provides insight into the lives, histories, and identities of people around the world.

By studying various musical traditions, we gain a deeper appreciation for the diversity and richness of global cultures.

Register For Series 3 Here!



# Allies in Action, Community & Partner Chat - CANADA

Tuesday, November 4
4:30pm PST / 5:30pm MST / 6:30pm CST /
7:30pm EST

At this gathering, we aim to foster meaningful conversations, exchange innovative ideas, and address any concerns that you may have.

Together, we can harness the power of collaboration to create tangible change at the local, national, and global levels in **Canada!** 

Join us as we unite our efforts, share our experiences, and ignite inspiration to drive positive impact in our communities and beyond.

**Learn More and Register Here** 

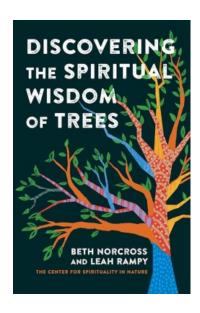


#### Kitchen Table Chat

Friday, November 7
8:30am PST / 9:30am MST / 10:30am CST / 11:30am EST / 3:30pm GMT / 4:30pm SAST / 9pm IST

Every First Friday of the month, the Health sector invites everyone to join and share what's happening with friends in our work to elevate compassion in Health.

**Learn More and Register Here** 



# Global Read: Discovering the Spiritual Wisdom of Trees with Beth Norcross & Leah Rampy

Wednesday, November 12 2pm PST / 3pm MST / 4pm CST / 5pm EST / (Thurs. Nov. 13) 9am AEDT / 11am NZDT

In this session, we will explore the knowledge held within the living world of trees and planted within each of us. Drawing on extensive experience in both forest ecology and spirituality, Beth Norcross and Leah Rampy will invite us into a deep mutual relationship with trees whose wisdom provides comfort, resilience, guidance, and hope.

The Charter for Compassion is co-sponsoring this event with Alignment Interfaith Contemplative Practices.

**Learn More and Register Here** 

# From our Partners Announcing 2 impactful Virtual

## **Conferences:**



#### Join the National Roundtable to Combat Political Violence

November 6, 2025

- -11am PST / 2opm EST / 7pm GMT
- 4pm PST / 7pm EST
- 7pmPST / 10pm EST

In a time of deep division and rising fear, this is our opportunity to come together constructively, courageously, and compassionately.

On November 6, 2025, the National Roundtable to Combat Political Violence, co-hosted by Newsweek, AllSides, and Living Room Conversations, will bring thousands of people together across the United States for small-group discussions designed to build understanding and reduce fear. Using the trusted Living Room Conversations model, participants will listen, share, and rediscover the power of respectful engagement.

#### How to Register:

- 1. Visit AllSides.com/tools-services.
- 2. Click on "Join the National Roundtable to Combat Political Violence."
- 3. Complete the short registration form to receive your event link and conversation group assignment.

Every voice matters, and every conversation helps restore trust and hope. Join this national movement for dialogue, wisdom, and peace.





## The 4th Annual Global Learning For an Open World Conference

#### November 19-20, 2025

GLOW is a premier virtual event dedicated to global education and innovation. This conference aims to enhance global competencies, foster cross-border collaboration, nurture dynamic global citizenship, and ensure equitable access to quality education for all.

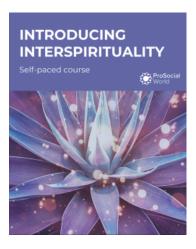
**Learn More Here** 

### Thrive: United for Democracy and Global Action

#### January 21-22,2026

Join democracy practitioners, educators, business leaders, and community organizers from around the world for two days of cutting-edge strategies, cross-sector partnerships, and practical skill-building to strengthen democracy globally.

**Learn More Here** 



## New Virtual, Self-Paced Course: Introducing Interspirituality with ProSocial Spirituality

Are you seeking a deeper spiritual connection?

ProSocial Spirituality blends scientific wisdom with spiritual traditions to create meaningful transformation. Start your journey on your own time with our introductory self-paced course. This course explores Wayne Teasdale's Nine Elements of Universal Spirituality, providing a self-paced journey for personal growth and inner transformation.

**Learn More and Register Here** 

If you are a Partner organization, or belong to a registered Compassionate City/Community with us, and want to promote your events in The Spark, the Charter for Compassion's newsletter, email contact@charterforcompassion.org



**12/04/25** - With special guest Asa Kaur, from our new partners at Namdhari Sikh Sangat UK

If you'd like to be featured in the LIVE show,

#### email felipe@charterforcompassion.org

## **Featured items on the Store**





#### **Compassion Sticker**

#### **US\$4**

These stickers are printed on durable, high opacity adhesive vinyl which makes them perfect for regular use, as well as for covering other stickers or paint.

**Shop Stickers** 

## **Compassion Water Bottle**

#### **US\$25**

This 17-ounce, double-walled stainless steel water bottle is perfect for your daily outings. It features an odor- and leak-proof cap and Compassion in rainbow colors as design.

**Shop Bottles** 



Learn more about this people centered campaign here















