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The Spark, June 2, 2025, Edition 47



6 Simple Ways to Stay Rooted in Compassion Right Now

Dear Friends,

In our current world, often marked by division, uncertainty, and pain, the call to live compassionately is more urgent than ever. Compassion is not a luxury—it's a lifeline. It gives us strength, connection, and clarity when everything else feels unclear.

We thought of 6 simple ways to stay rooted in compassion right now:

- 1. Pause and breathe** – Mindful breathing helps us respond with calm, not reaction.
- 2. Listen deeply** – Give someone your full attention without judgment or fixing.
- 3. Reach out** – A small message of care can be a lifeline to someone feeling alone.
- 4. Stay curious** – Compassion thrives when we ask questions instead of making assumptions.
- 5. Act locally** – A kind gesture in your home, neighborhood, or school ripples outward.
- 6. Join us** – We have incredible offerings during June for you to fill your compassionate cup with us!

This month, the Charter for Compassion offers spaces to nourish these practices—and to connect with a global movement of people choosing empathy over fear, justice over silence, and hope over despair.

Here's what's ahead:...

Continue Reading Here

News, Programs, and Webinars



Harmony of Humanity: Exploring Common Ground Through Music with Marilyn Turkovich

Every Wednesday, through July
8am PDT / 9am MDT / 10am CDT / 11am
EDT / 4pm UTC / 5pm SAST / 8:30pm IST

Music has been an integral part of every culture throughout history, reflecting the unique characteristics and traditions of different societies. From the rhythmic beats of African drums to the intricate melodies of Indian ragas, music provides insight into the lives, histories, and identities of people around the world. By studying various musical traditions, we gain a deeper appreciation for the diversity and richness of global cultures.

[Learn More and Register Here](#)



Kitchen Table Chat with the Health Sector

Friday, June 6
8:30am PDT / 9:30am MDT / 10:30am CDT
/ 11:30am EDT / 4:30pm UTC / 5:30pm
SAST / 9pm IST

Every First Friday of Every Month the Health sector invites everyone to join and share what's happening with friends in our work to elevate compassion in Health.

[Learn More and Register Here](#)



Global Read: Why Didn't You Come Sooner? By Nobel Peace Laureate KAILASH SATYARTHI

Thursday, June 12

**6am PDT / 7am MDT / 8am CDT / 9am EDT / 2pm UTC / 3pm SAST
/ 6.30pm IST / 11pm AEST**

Compassion in Action. Stories of Children Rescued From Slavery.

The work of rescuing children from slavery is not for the faint of heart, as the twelve gut-wrenching accounts in this book will show. Harder still is to give them their life back, after they've been kidnapped, trafficked, sold, abused and made to work in horrific conditions, often for as long as they can remember.

Kailash Satyarthi's own life and mission were entwined with the journeys of these children. Having lived through unspeakable trauma, they had lost faith in humanity. But behind their reticence, behind their scraggy limbs and calloused hands and feet, hope still endured.

This book tells the story of their shared struggle for justice and dignity- from the raid and rescue operations of Satyarthi's Bachpan Bachao Andolan, to international campaigns for child rights. It is a testament both to the courage of the human spirit and to the power of compassion.

[Learn More and Register Here](#)



Allies in Action: Community & Partner Chats

Canada Chat

Wednesday, June 11

**4:30pm PDT / 5:30pm MDT / 6:30pm CDT /
7:30pm EDT**

UK Chat

Tuesday, June 24

5pm UTC / 9am PT

US Chat

Tuesday, June 24

1pm PDT / 2pm MDT / 3pm CDT / 4pm EDT

New Zealand & Australia Chat

Wednesday, July 2 (NZDT/AEDT)

7am AEDT / 9am NZDT

Tuesday, July 1 @ 2pm PDT

At these gatherings, we aim to foster meaningful conversations, exchange innovative ideas, and address any concerns that you may have.

If you belong to a Compassionate Community, are part of a partner organization, or signed the Charter for Compassion and live in the Countries mentioned above, these chats are for you.

[Learn More and Register Here](#)



On the Blog: BRODSKY by Lynn Strongin

Lynn Strongin (born February 27, 1939) is an American poet currently residing in Canada who has published more than two dozen books.

A pioneering writer on issues of feminism and disability, her poetry and other writings have appeared in a large number of literary magazines and influential anthologies.

Lynn, a close friend of the Charter for Compassion, chose to share this poem with us and our community.

[Read Here](#)



ICYMI: In Case You Missed It!

May 19

[Global Read: Sage Warrior with Valarie Kaur](#)

May 14 & 15

[Re-Watch: The Compassionate Action Conference](#)



Compassionate Action Conference 2025: Replay Access Now Available!

Did you miss the live event?

Now you can watch all the powerful talks, inspiring panels, and meaningful conversations from the Compassionate Action Conference — on your own time.

For just \$10* USD, get on-demand access to the full set of replays on **RingCentral** for an entire year!

✨ Why Purchase the Replays?

- Revisit keynote speakers and thought leaders from around the globe
- Explore powerful sessions on compassion, justice, education, youth leadership, community healing, and more
- Watch anytime, from anywhere
- Support the Charter for Compassion's global work

 One-Time Fee: \$10 USD



Platform: RingCentral (access link provided after purchase)

*If you'd like to give a bit more, you can choose any amount — every gift helps compassion grow.

(If you were a presenter, you do not have to purchase access to rewatch recordings!)

Register to Access Recordings Here

From our Partners



"There is Another Way" Global Virtual Screenings

June 12 with 2 screenings:

10am PDT / 11am MDT / 12pm CDT / 1pm EDT / 6pm UTC / 7pm SAST / 10.30pm IST - [Register here for AM screening](#)

or

4pm PDT / 5pm MDT / 6pm CDT / 7pm EDT / (June 13) 9am AEDT / 11am NZST - [Register here for PM screening](#)

There Is Another Way is a powerful new film by [Reconsider.org](https://reconsider.org) that's only been available in theaters—until now.

On June 12, there will be two global virtual screenings, followed by a live Q&A with the filmmakers and members of Combatants for Peace, the former Israeli and Palestinian fighters whose real-life stories of

transformation are at the heart of this film.

This isn't just a film—it's an experience that challenges us to hold complexity, rehumanize one another, and step into the possibility of peace.

Learn more and Register Here



WorldPride 2025 + OUR PRIDE Shorts & Arts Fest

May 22nd - June 30th, 2025, Online!

Faced with rising challenges, Charter for Compassion partner organization Rainbow Advocacy is launching Voices of Solidarity, a worldwide arts and social justice initiative.

The program includes the Voices of Solidarity 2025 Global Gatherings, a series of free virtual events throughout June coinciding with major Pride celebrations, featuring creative works and discussions from the LGBTQIA+ community and allies. The Gatherings are part of the larger OUR PRIDE Shorts & Arts Festival, which offers paid access to a diverse collection of international short films and artistic expressions from May 22nd to June 30th. Both initiatives aim to empower marginalized voices and foster connection across the globe.

Learn More and Register Here

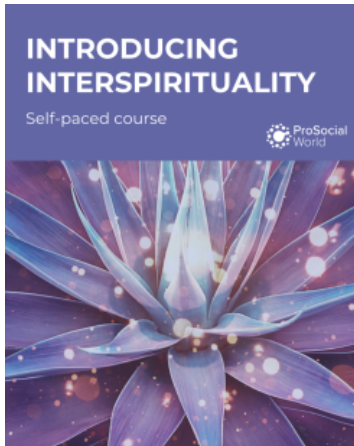


Ron Kovic Peace Prize: Submissions are open for 2025

Final Deadline: SEPTEMBER 1ST

This award is all about local and world peace. We're looking for short films that show how non-violence can solve the world's biggest challenges. If your film tells a powerful story about peace, this prize could be yours!

[Learn More Here](#)



New Virtual, Self-Paced Course: Introducing Interspirituality with ProSocial Spirituality

Are you seeking a deeper spiritual connection?

ProSocial Spirituality blends scientific wisdom with spiritual traditions to create meaningful transformation. Start your journey on your own time with our introductory self-paced course. This course explores Wayne Teasdale's Nine Elements of Universal Spirituality, providing a self-paced journey for personal growth and inner transformation.

[Learn More and Register Here](#)



GoldenRuleism Ambassadors

A GoldenRuleism Ambassador is anyone committed to positively impacting their community and the world. This role is not defined by status or position but by the willingness to practice empathy and kindness in everyday interactions. Whether you are a community leader, educator, student, or simply someone who believes in the power of GoldenRuleism, you can become an ambassador.

Learn More on How to Become a GoldenRuleism Ambassador

If you are a Partner organization, or belong to a registered Compassionate City/Community with us, and want to promote your events in The Spark, the Charter for Compassion's newsletter, email contact@charterforcompassion.org



WATCH CHARTER LIVE WITH FELIPE

EVERY THURSDAY AT

FRIDAY
11 AM PST / 8 PM CET / 12.30 AM IST / 6 AM AEDT

ON OUR SOCIAL MEDIA CHANNELS








If you'd like to be featured in the LIVE show, email felipe@charterforcompassion.org

Featured items on the Store



Infinity Logo Hat

US\$22

This hat's got a low profile with an adjustable strap and curved visor with the Charter's Infinity logo embroidered.

[Shop Hats](#)

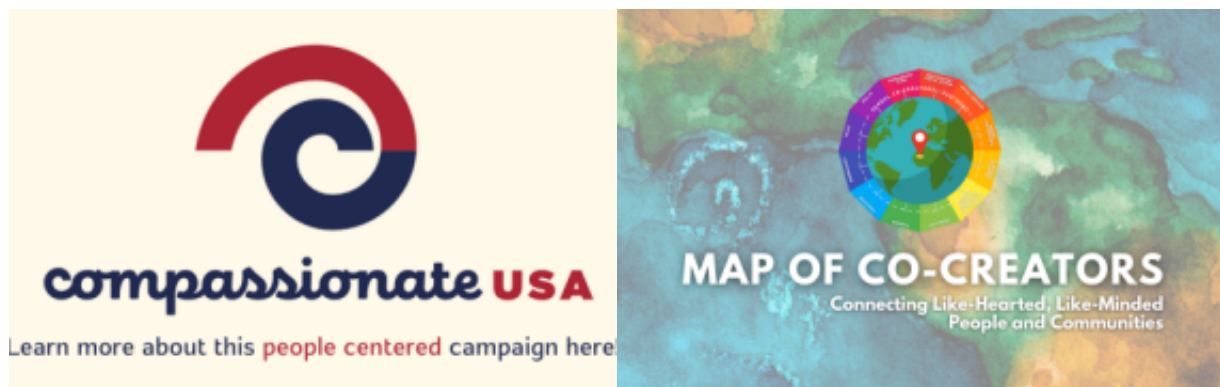


Compassion Pins (5pk)

US\$30

These metal pins say Compassion and our logo infinity sign. Take advantage of this package deal and save on your order!

[Shop Pins](#)





community of
mindful families



Charter for Compassion, 2025

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