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The Spark, October 25, 2024, Edition 28

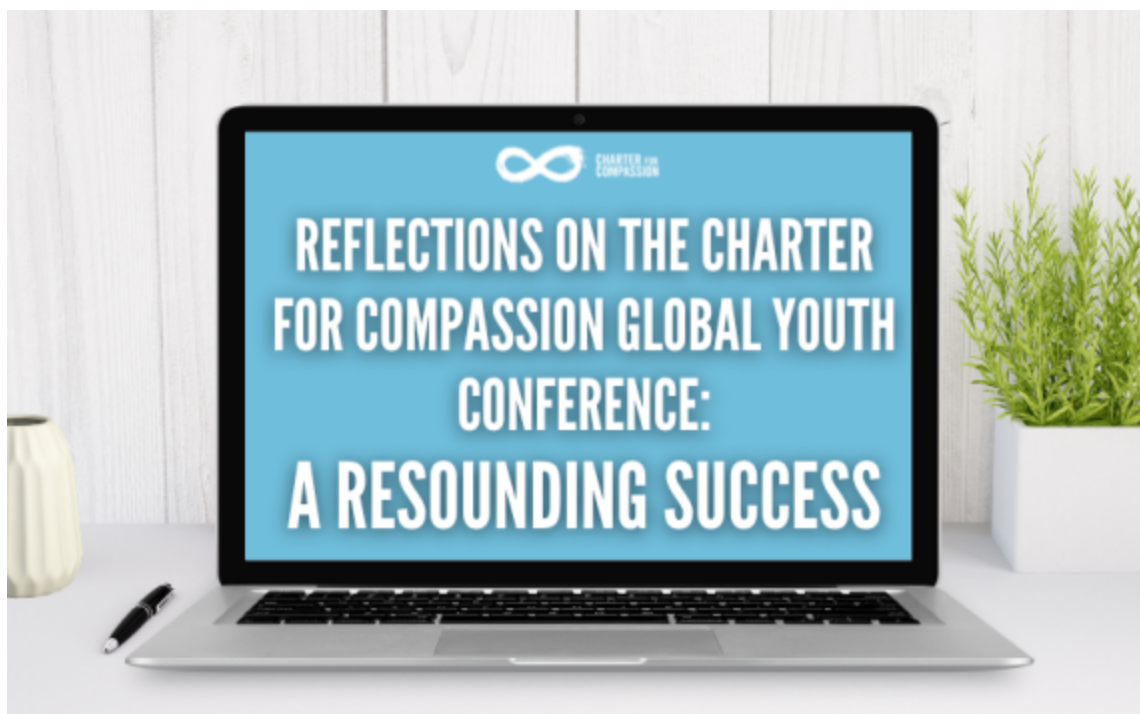


The Power of One

This week the late Russian opposition leader, lawyer, and anti-corruption activist, Alexei Navalny's book, *Patriot*, was released. It got me thinking about how he saw democracy. Navalny consistently advocated for the idea that democracy is not a given, but something that must be actively fought for and protected. For him, the right to vote and to express one's political beliefs without fear of retaliation was not just a matter of principle, but a core component of a free society. Navalny so often highlighted how the erosion of democratic norms, such as free elections and the rule of law, allows for unchecked power, corruption, and authoritarian control.

As citizens, we hold more power than we seem to realize. We are not just individuals living separate lives, but part of a collective community bound by shared values, responsibilities, and hopes for the future. At the core of this relationship between citizens and their country is the duty to participate in its democratic processes. Among these, the most fundamental and impactful responsibility is voting...

Continue Reading Here!



Reflelions on the Charter for Compassion Global Youth Conference: A Resounding Success by Anum Mulla

The Charter for Compassion Global Youth Conference 2024 held virtually on October 17-18, was a remarkable display of youth power, unity, and advocacy. With the theme Youth for Compassionate Advocacy & Actions, we had over 500 registrations bringing together changemakers from across the world.

As the Global Youth Strategist for the Charter, I had the privilege of witnessing the energy, passion, and depth of dialogue throughout the conference. Participants from every corner of the globe engaged in action-oriented conversations, grounded in empathy, resilience, and a shared vision for a compassionate future.

If you missed any part of the conference or want to relive the inspiring moments, [you can watch the recordings on our YouTube channel](#). We invite you to watch these powerful discussions, share them with your communities, and continue the conversation.

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Charter for Compassion News, Programs, and Webinars



Compassion Circle: The Charter Sangha

**Saturday, October 26, at 9am PT / 12pm ET
/ 5pm GMT / 10.30pm IST**

On the last Saturday of every month, the Charter for Compassion offers a 90-minute practice of people coming together to be in a Circle, a Sangha.

Learn More and Register Here



Kitchen Table Chat with the Health Sector

Friday, November 1, (Every First Friday of the month!) at 8.30am PT / 11.30am ET / 3.30pm BST / 9pm IST

The health sector of the Charter for Compassion gather every first Friday of the month where everyone can share what's happening with friends in our work to elevate compassion. Tell us what you've been up to.

[Learn More and Register Here](#)



Empathic Dialogue Café with Crossing Borders Education

Tuesday, November 5 at 9am PT / 12pm ET / 5pm GMT / 10.30pm IST

Most of us feel deeply concerned about the pressing global issues of our time and feel the need to communicate better, also across borders. Many of us listen to podcasts aligned with our values. And yet, many of us can feel isolated in our care and are longing for meaningful social connections and a desire for (more) collective actions. To meet this challenge, Crossing Borders Education is facilitating empathic dialogue cafés so you can deeply connect with caring people.

[Learn More and Register Here](#)

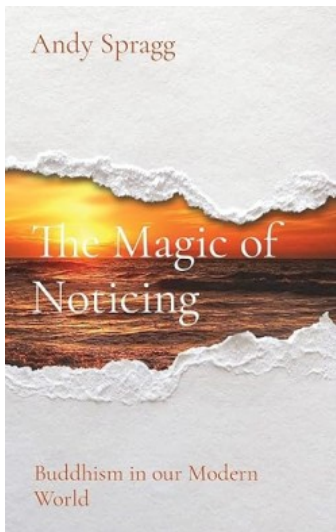


Harmony Of Humanity: Exploring Common Ground Through Music with Marilyn Turkovich

**Every Wednesday, at 8am PT / 11pm ET /
3pm GMT / 8.30pm IST**

Music has been an integral part of every culture throughout history, reflecting the unique characteristics and traditions of different societies. From the rhythmic beats of African drums to the intricate melodies of Indian ragas, music provides insight into the lives, histories, and identities of people around the world. By studying various musical traditions, we gain a deeper appreciation for the diversity and richness of global cultures.

[Learn More and Register Here](#)



Global Read: "The Magic of Noticing" By Andy Spragg

**Wednesday, November 6, at 9am PT / 12pm
ET / 5pm GMT / 10.30pm IST**

In this program, in response to questions, Jamal will reflect on various verses of beauty and wisdom from the Qur'an in order to understand some of its deeper meanings and relevance to our time and our world today. We invite you, regardless of your faith or no faith, to join us on this journey of discovery.

[Learn More and Register Here](#)



Allies in Action: CANADA

Wednesday, November 6, at 4.30pm PT / 5.30 pm MT / 6.30 pm CT / 7.30pm ET

We are excited to extend an invitation to you, our esteemed members, partners, and compassionate communities, to come together for a special gathering focused on dialogue, idea generation, project sharing, and mutual support.

At this gathering, we aim to foster meaningful conversations, exchange innovative ideas, and address any concerns that you may have. Together, we can harness the power of collaboration to create tangible change at the local, national, and global levels.

[Learn More and Register Here](#)



EdNet Forum: "Advocating for Justice-Involved Youth" with Kaylah Holland, Ed.D.

Thursday, November 7, at 12pm PT / 3pm ET / 8pm GMT / 7am AEDT (Nov.8)

This session will highlight education inside the juvenile justice system, showcase how educators are creating engaging classrooms, offer examples of student created work, and outline how you can disrupt the school-to-prison pipeline by advocating for justice-involved students.

[Learn More and Register Here](#)



Social Justice Partner Meeting

Friday, November 8th, 2024 at 8am PT / 11am ET / 4pm GMT / 9.30pm IST

Much is happening with the Social Justice Sector of the Charter for Compassion and we want to find out what is happening with you.

We are excited to invite you to an important meeting aimed at convening our partners and sharing current and upcoming initiatives. Your presence and input would be greatly appreciated as we chart the way forward together.

[Learn More and Register Here](#)



Grounding Ourselves in Nature: A Meditative Experience with Jennifer Wilhoit, PhD

Tuesday, November 12, at 8am PT / 11am ET / 4pm GMT / 9.30pm IST

This ninety-minute global gathering will offer gentle, nature-inspired experiences to help us touch in with our innate capacity for compassion and gratitude, particularly in changeable and uncertain times. We will provide meditation, readings, reflection, and more.

There will also be space for small and large group conversation. This promises to be a soothing and slowly unfolding balm for our hearts. Please bring to the Zoom gathering: pens, a journal, and a nature object (or nature image) that you love.

[Learn more and Register Here](#)

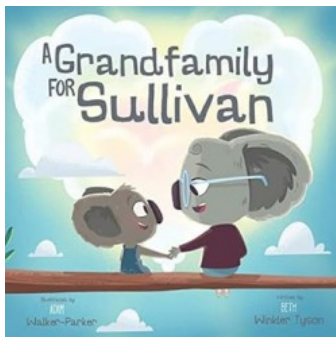


EdNet Forum: "Learning from Cultural Renewal" with Jenny Finn from Springhouse

Thursday, November 14, at 7.30am PT / 10.30am ET / 3.30pm GMT / 9pm IST

In this session, Jenny will share about her experience in fostering vitality through cultural design and education, including what she has learned from the 10-year experiment at Springhouse. She will introduce the five principles of our cultural design that we call Sourced Design, and share a unique educational model that puts Life at the center and supports people and communities as they learn how to come alive.

[Learn More and Register Here](#)



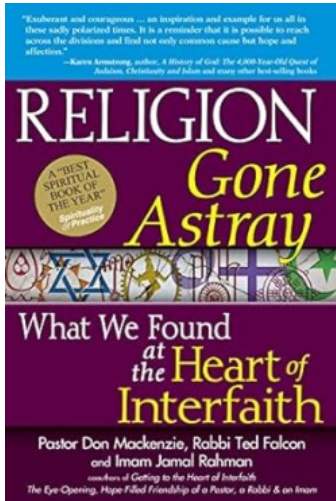
Global Read for Kids + Co: "A Grandfamily for Sullivan" by Beth Tyson

Illustrated by Adam Walker-Parker

Saturday, November 16, at 9.30am PT / 12.30pm ET / 5.30pm GMT / 11pm IST

Are you caring for a child with BIG emotions related to loss and childhood trauma? A Grandfamily for Sullivan is a therapeutic story, designed with soothing imagery and sensitive language to help children cope with life after adverse childhood experiences (ACES).

[Learn More and Register Here](#)



Global Read: "Religion Gone Astray" by Rev. Donald Mackenzie

Wednesday, November 20, at 9am PT / 12pm ET / 5pm GMT / 10.30pm IST

Welcome to the deeper dimensions of interfaith dialogue—exploring that which divides us personally, spiritually and institutionally.

Expanding on the conversation started with their very successful first book, the Interfaith Amigos—a pastor, a rabbi and an imam—probe more deeply into the problem aspects of our religious institutions to provide a profound understanding of the nature of what divides us.

[Learn More and Register Here](#)

From our Partners



Our Pride: 2024 Shorts & Arts Fest

October 1-31 during LGBTQ+ History Month!

The Global LGBTQIA+ Festival for Filmmakers, Content Creators, Artists, Young Adults & Teen Students

Learn more about this virtual fest by reading a blog entry by John Boswell, Lead of the LGBTQ+ sub-sector for the Charter for Compassion.

[Read Entry and Buy Tickets Here](#)



Heal Democracy

Your Vote Matters: Empower Yourself and Strengthen Our Society

As we approach the November elections, it's crucial to remember the power of your vote. Voting is a powerful way to contribute to the health and well-being of our society. Every vote is a commitment to the values you hold dear and a step toward creating a better future.

Participating in the electoral process enhances your sense of empowerment and connection to the larger community. It's a reminder that we are part of a bigger whole, working together towards common goals. This engagement is non-partisan and benefits everyone.

Visit Heal Democracy for comprehensive tools to help you register, get informed, and participate fully in the electoral process.

[Learn more Here](#)



Faith in Elections Playbook by Interfaith America & Protect Democracy

Our freedoms depend on free and fair elections — and communities of faith can play a critical role in defending them.

The Faith in Elections Playbook supports faith-based, civic and campus communities with accessible, actionable resources to support the 2024 election.

This playbook is designed to make it easier for faith and community leaders to join work that is already happening across America to help the 2024 elections run smoothly, so that all eligible voters can access a ballot and every valid vote is counted.

Their purpose in compiling and curating this information, is to enable organizations to focus on taking actions that best align with their interests, their skills, and the needs of their communities.

[Learn more Here](#)



Our World is Kind 2024: NOW ACCEPTING SUBMISSIONS!

Over the last five contests, the Our World is Kind Photography Contest has generated over 10,000 submissions from 1000+ photographers in more than 140 countries. These moving images have inspired kindness, love, gratitude, and joy in tens of thousands of global viewers.

Now, more than ever, it's important to work together to spread kindness and connection through our communities. That's why Our World is Kind is back for 2024, seeking images from kind and talented photographers to help inspire kindness, joy, and healing around the world.

Accepting entries through November 3, 2024.

[Learn more Here](#)



GoldenRuleism Resources

Many school children are returning to schools and education centres across the world this week in the Global South and North! We have two relevant and practical children's and educators/parents resources that have been designed by the GoldenRuleism Team, to be fun, interactive and functional ways to ease children back into their education environments and assist in navigating some of the completely rational nerves and excitement that comes with starting or restarting school again!

[Check Resources Here!](#)



Save the date! *Wednesday, November 20, 2024*

This summit is an incredible opportunity to connect, learn, and be part of the compassionate initiatives happening worldwide.

Event highlights:

- International panel featuring global experts
- Diverse range of topics with a focus on experiences
- Interactive conversations and group formation based on the proposals received

[Interested in Attending? Click/Tap here!](#)

[Interested in Presenting? Click/Tap here!](#)



GLOW 2024

November 20 & 21, 2024

Learn more about the 3rd Annual
Global **L**earning for an **O**pen **W**orld Conference.

The GLOW Conference highlights important work in developing global competencies and experiential learning. One of its chief goals is to present practical, actionable steps that all attendees can take in their own contexts to implement innovative educational approaches. This emphasis distinguishes the GLOW Conference from many other educational conferences: we want to showcase effective educational approaches and make it easy for others to try those approaches in their own teaching and learning contexts.

Proposals can be submitted from July 1, 2024, until midnight (UTC-5) on October 20, 2024.

For additional details and to submit a proposal,
[visit this document](#).

[Learn More and Register Here](#)

If you are a Partner organization, or belong to a registered Compassionate City/Community with us, and want to promote your events in The Spark, the Charter for Compassion's newsletter, email contact@charterforcompassion.org



A promotional graphic for a live show. On the left, three small video thumbnails show Felipe in different settings. The main text on the right reads: "WATCH CHARTER LIVE WITH FELIPE EVERY THURSDAY AT 11 AM PDT / 8PM CEST / 11.30 PM IST / 4 AM AEST^{FRIDAY} ON OUR SOCIAL MEDIA CHANNELS". Below the text are the Charter for Compassion logo and icons for Facebook, Twitter, and LinkedIn.

WATCH CHARTER LIVE WITH FELIPE

EVERY THURSDAY AT

11 AM PDT / 8PM CEST / 11.30 PM IST / 4 AM AEST^{FRIDAY}

ON OUR SOCIAL MEDIA CHANNELS

CHARTER FOR COMPASSION

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*If you'd like to be featured in the LIVE show,
email felipe@charterforcompassion.org*



Featured items on the Store



Compassion Pins (5 Pk.)

US\$30

Dad hats aren't just for dads. This one's got a low profile with an adjustable strap and curved visor.

[Shop Pins](#)



Compassion Earrings (10 pairs)

US\$110

Our Compassion Earrings are exclusively designed for us by a Charter Partner art studio. *Take advantage of this package deal and save with your order!*

[Shop Earrings](#)



Charter for Compassion, 2024



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Charter for Compassion
PO Box 10787
Bainbridge Island, Washington
98110