

[Unsubscribe](#)

[View in your browser](#)



The Spark, September 8, 2025, Edition 54



The Compassion of Showing Up

Kindness and compassion are never abstract. They are lived, practiced, and made real through action. One of the most powerful ways we bring compassion to life is through volunteering—by showing up for one another, for our neighbors, for the causes and communities that need us

most.

Think of the places where compassion is waiting for us to step in: a food pantry in need of hands, a school looking for mentors, a civic group working tirelessly to improve a neighborhood, or a faith community serving beyond its walls.

Think also of the hospital that needs extra care and comfort for patients, the blood bank counting on donations to save lives, or the food kitchen serving hot meals to those who would otherwise go hungry.

Every hour offered, every skill shared, every hand extended is not only a gift to others—it is a practice that shapes us into more compassionate human beings...

[Continue Reading Here](#)



Bearing Witness: Gaza + Palestine

Famine has now been officially declared in Gaza. This is not a natural disaster. It is a man-made catastrophe.

- More than **500,000 people** are trapped in famine conditions.
- Over **12,000 children** are acutely malnourished—the highest number ever recorded in a single month. Nearly one in four are suffering the most lethal form of hunger.
- At least **273 people, including 112 children**, have already died from starvation. Hundreds more have been killed while seeking food.
- UN agencies warn that *"people are starving not because food is unavailable, but because access is blocked."*

Food exists. Medicine exists. But both are being blocked.

The Charter for Compassion and *Peace for All to Justice for All* have joined with allies worldwide to launch the **Feed Gaza Coalition**—a united movement to demand an immediate lifting of restrictions on food and medicine entering Gaza.

[Join our Efforts Here!](#)

During the month of September the Charter is joining with Justice For All in a campaign to feed the people of Gaza. In a report released on September 3, former President of Ireland, and UN Commissioner on Refugees states emphatically that "Famine has now been officially declared in Gaza. This is the conclusion of the [IPC](#), a UN-backed initiative, which reports that over half a million people in Gaza are currently facing starvation, destitution and death."

Join our Gaza Coalition by donating to roll back starvation in Gaza. The Coalition has so far raised **\$82,721**. We urgently need **\$417,279**.

[Donate Here](#)

News, Programs, and Webinars



New Course Begins This Week! Catalyzing Healthy Cultural Transformation

6-session course starting Sept. 9 through Oct. 28

Tuesdays, September 9 – October 28, 2025

4pm PDT / 5pm MDT / 6pm CDT / 7pm EDT

which is

Wednesdays, September 10 – October 29, 2025

9am AEST / 11am NZST

In a time of growing uncertainty and challenge, this course offers more than insight — it offers community. A place to weather the storms, deepen your thinking, and explore new ways of being.

You won't just be absorbing new information (you already carry a wealth of knowledge). Instead, you'll be developing the tools — with others — to become a more effective change agent. Spoiler alert: the heart of this work is helping people think more deeply and holistically. You'll learn how to guide others in observing their emotions and reactions, and in creating the space needed to process and grow. We call those who do this *Evolutionary Catalysts*. And we'll be equipping you with the tools to become one.

[Stable Planet Alliance](#), the sponsor of this course, supports a growing cohort of Evolutionary Catalysts. Our mission is bold: to spark a global commitment to do everything necessary — within the realm of care — to pull out of our ecological nosedive and build a just, compassionate, and sustainable world.

[Learn More and Register Here](#)

Learn More and Register Here



Harmony of Humanity: Exploring Common Ground Through Music with Marilyn Turkovich

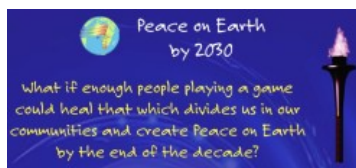
Every Wednesday

8am PDT / 9am MDT / 10am CDT / 11am EDT / 4pm UTC / 5pm SAST / 8:30pm IST

Music has been an integral part of every culture throughout history, reflecting the unique characteristics and traditions of different societies. From the rhythmic beats of African drums to the intricate melodies of Indian ragas, music provides insight into the lives, histories, and identities of people around the world.

By studying various musical traditions, we gain a deeper appreciation for the diversity and richness of global cultures.

[Register For Series 3 Here!](#)



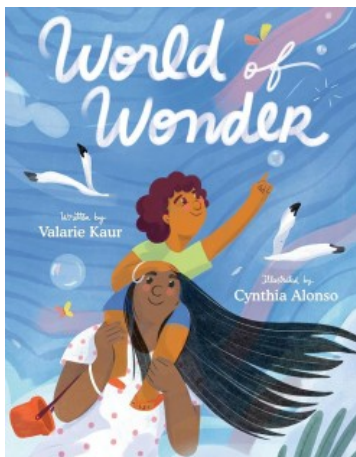
Peace on Earth Game Information Meeting

Wednesday, September 10

9am PDT / 10am MDT / 11am CDT / 12pm EDT / 5pm UTC / 6pm SAST / 9:30pm IST

Join David Gershon, architect of the Peace Game and Peace on Earth by 2030 movement, who will share the vision and practices for achieving Peace on Earth by 2030, and how you can participate through playing the Peace Game.

[Learn More and Register Here](#)



Global Read for Kids+Co: World of Wonder by Valarie Kaur

Saturday, September 13

**9:30am PDT / 10:30am MDT / 11:30am CDT
/ 12:30pm EDT / 5:30pm UTC / 6:30pm
SAST / 10pm IST**

[World of Wonder](#) is more than a picture book: it's a journey of Revolutionary Love. Come journey with Wonder Baby. We wonder about the earth and discover the awe that inspires care. We wonder about people suffering injustice and find that listening to stories inspires courage. We wonder about someone who inflicts cruelty—and discover the power of repair and connection. Wonder Baby wonders about their own emotions, even when tears come pouring down: "You are a part of me I don't yet know." Wonder becomes the conduit to love; it creates the conditions for kindness, care, and courage.

[Learn More and Register Here](#)



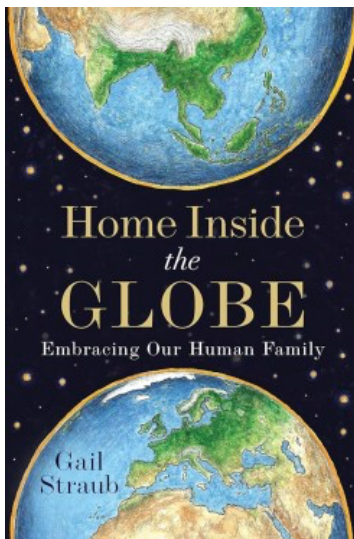
Cultivating Self-Compassion with the AI Compassion Coach

Tuesday, Sept. 16

**8am PDT / 9am MDT / 10am CDT / 11am
EDT / 4pm UTC / 5pm SAST / 8:30pm IST**

Far far away, behind the word mountains, far from the countries [Vokalia](#) and [Consonantia](#), there live the blind texts. Separated they live in Bookmarksgrove right at the coast of the Semantics, a large language ocean. A small river named Duden flows by their place and supplies it with the necessary regelialia.

[Learn More and Register Here](#)



Global Read: Home Inside the Globe by Gail Straub

Wed., Sept. 17th

9am PDT / 10am MDT / 11am CDT / 12pm EDT / 5pm UTC / 6pm SAST / 9:30pm IST

Far far away, behind the word mountains, far from the countries [Vokalia and Consonantia](#), there live the blind texts. Separated they live in Bookmarksgrove right at the coast of the Semantics, a large language ocean. A small river named Duden flows by their place and supplies it with the necessary regelialia.

[Learn More and Register Here](#)



Allies in Action Community & Partner Chats

At this gathering, we aim to foster meaningful conversations, exchange innovative ideas, and address any concerns that you may have.

Together, we can harness the power of collaboration to create tangible change at the local, national, and global levels **in different parts of the world!**

Join us as we unite our efforts, share our experiences, and ignite inspiration to drive positive impact in our communities and beyond.

[Canada Chat](#)

Wednesday, September 17

4:30pm PDT / 5:30pm MDT / 6:30pm CDT / 7:30pm EDT

[Learn More and Register Here](#)



EdNet Forum: New World Game with Medard Gabel

Thursday, Sept. 18

**7:30am PDT / 8:30am MDT / 9:30am CDT /
10:30am EDT / 3:30pm UTC / 4:30pm SAST
/ 8pm IST**

Far far away, behind the word mountains, far from the countries [Vokalia and Consonantia](#), there live the blind texts. Separated they live in Bookmarksgrove right at the coast of the Semantics, a large language ocean. A small river named Duden flows by their place and supplies it with the necessary regelialia.

[Learn More and Register Here](#)



Interview with Shaman Jeantille Spruijt

On August 8, 2025, a special ceremony took place in Amsterdam. Dozens of people joined together to commemorate the planting of a special tree: a four-meter-tall Sequoia tree.

This initiative symbolized growth and sustainability, bringing together people from different cultures and countries in the name of peace. The Dutch Jeantille Spruijt (member of the Charter for Compassion) is the driving force behind this initiative. **Who is she and what motivates her?**

By Monica Neomagus

[Read Blog Entry Here](#)



ICYMI: In Case You Missed It!

August 13

[Global Read: Banning Landmines with Nobel Laureate Jody Williams](#)

July 2

[Global Read: Gay Poems for Red States by Willie Edward Taylor Carver Jr.](#)



Join us for the second edition of the virtual [Charter for Compassion Global Youth Conference: Compassionate Leadership for Action & Impact](#) on October 28–30, 2025, featuring special programming by [KidsRights](#) through their [State of Youth Program](#) on October 30, bringing powerful energy to our closing day.

This year's conference will bring together a powerful collective of youth leaders, and changemakers from across the world to explore how young people are rising to meet today's challenges with empathy, courage, compassion, and a deep commitment to justice and transformation.

Through visionary ideas, purpose-driven dialogue, and collaborative leadership, this conference will equip participants to turn compassion into

tangible action, locally and globally.

Apply to Lead a Session: [Global Youth Conference Proposal Form](#)

We are now accepting proposals for youth-led sessions and workshops. Share your voice, your vision, and your leadership.

Compassionate Youth Awards

We are honored to launch the Compassionate Youth Awards, a celebration of outstanding young changemakers who are leading with compassion and creating meaningful impact in their communities and the world. Awardees will be recognized at the Global Youth Conference 2025.

[Learn More and Register Here](#)



We are inviting you to help co-create Charter for Compassion 2.0

We want a renewed, inclusive, and forward-looking expression of compassion that honors the original vision while reflecting the urgent needs and rich diversity of our world today.

This is your invitation to take part in a global conversation.

Just as historic documents have been amended or supplemented to reflect changing realities, so too must the Charter grow—rooted in its original moral clarity, yet expansive enough to carry us forward.

Let's build the future with the same moral imagination that created the Charter in the first place.

[Head to Survey](#)



It's still very fresh and needs lots more content to be uploaded, but...

We have created our own Substack! It's still fresh and needs plenty of more content to be uploaded, but if you are active in this platform, we invite you to become a subscriber.

[Visit the Charter for Compassion's Substack Here](#)

From our Partners



Festival of Compassion 2025 by Global Compassion Coalition

**10-12 September, 2025
Cape Town, South Africa & Online**

A global call to *Come Home* – to self, community, and planet.

We are at the convergence of polycrises brought on by ecological collapse, social fragmentation, and economies of exclusion. In the face of increasing isolation, inequality, and despair, we believe compassion is not a soft sentiment but a radical and vital force for transformation. Now more than ever, we need spaces that bring people together to remember who we are and how we belong to ourselves, to one another, and to the Earth – we need to come home.

So the [Global Compassion Coalition](#) is convening the first annual Global Compassion Festival. Artists, scholars, educators, clinicians, movement builders, policymakers, and thousands of others from around the world will gather for three days of reflection, connection, and action to build a better world.

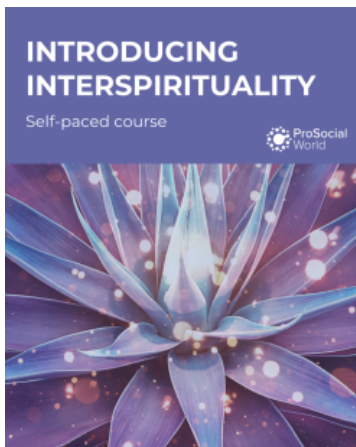
[Learn More and Register Here](#)



GoldenRuleism Children's Resources

We invite you to enjoy and share our new GoldenRuleism Children's Resources throughout the year. These resources are designed to inspire learning and compassion, encouraging young minds to embrace the principles of kindness and understanding. Share them with others to spread awareness and promote a nurturing atmosphere for all.

[Explore Resources Here](#)



New Virtual, Self-Paced Course: Introducing Interspirituality with ProSocial Spirituality

Are you seeking a deeper spiritual connection?

ProSocial Spirituality blends scientific wisdom with spiritual traditions to create meaningful transformation. Start your journey on your own time with our introductory self-paced course. This course explores Wayne Teasdale's Nine Elements of Universal Spirituality, providing a self-paced journey for personal growth and inner transformation.

[Learn More and Register Here](#)

If you are a Partner organization, or belong to a registered Compassionate City/Community with us, and want to promote your events in The Spark, the Charter for Compassion's newsletter, email contact@charterforcompassion.org



WATCH CHARTER LIVE WITH FELIPE

EVERY THURSDAY AT

FRIDAY FRIDAY

11 AM PST / 8 PM CET / 12.30 AM IST / 6 AM AEDT

ON OUR SOCIAL MEDIA CHANNELS








If you'd like to be featured in the LIVE show, email felipe@charterforcompassion.org

Featured items on the Store



Compassion Heart Sticker

US\$4

These stickers are printed on durable, high opacity adhesive vinyl which makes them perfect for regular use, as well as for covering other stickers or paint.

[Shop Stickers](#)



Do Good Onesie

US\$30

Dress your baby to the nines with this 100% cotton one piece. It has three snap leg closure for easy changing, a comfortable envelope neckline, and a beautiful print that's bound to get the baby all happy and giggling.

[Shop Onesies](#)





community of
mindful families



COMPASSIONATE
LAS VEGAS

Charter for Compassion, 2025

You are receiving this newsletter
because you signed up for it, or
participated in a course, meeting, or
webinar with the Charter for
Compassion.

