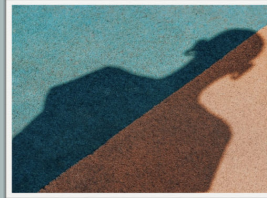


CHARTER FOR COMPASSION

Annual Report 2021



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CHARTER FOR COMPASSION

Our Vision

*We envision a world in which the darkness of suffering is healed by the light of compassionate action; in which children and adults are literate and skilled in the transformative nature and power of compassion; and in which we treat ourselves, each other, and the natural world with dignity and respect, manifesting the Golden Rule in all relationships.*

Our Mission

*Our mission is to promote and cultivate the principle of compassion and the compassionate way of life, as articulated in the Charter for Compassion, so that it characterizes all human society and all relationships.*

THE CHARTER FOR COMPASSION AMPLIFIED



- Commit to restore compassion to the center of morality and social engagement and reject any practice that breeds violence.
- Commit to develop our compassion in every-widening circles, transcending our individual and collective self-centeredness to create a society characterized by care and concern for all and a devotion to the common good.

- Commit to teach, train, and equip future generations with a working knowledge of the importance of compassionate action for self, others, and all living beings, taking responsibility for caring for the planet and eliminating nuclear weapons, and contributing to the realization of the Sustainable Development Goals as outlined by the United Nations.
- Commit to collaborate locally, nationally, and globally to create a shared vision of a compassionate society, to work within our spheres of influence to build compassionate systems and cultures, to openly share information and resources, highlight best practices, and celebrate progress.

*It is an essential birthright for all humankind to live in peace, and have clean water, healthy food, shelter, education, and economic equality. It is our moral right to protect the planet that has been entrusted to us. We honor these rights and commit sow the seeds of loving-kindness and compassion in all manifestations. ~adapted from the Peace Pledge, a strategic partner of the Charter for Compassion*

## CHARTER FOR COMPASSION

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### OUR GUIDING PURPOSE

To infuse compassion into all areas of our lives and help lead a compassionate movement that will transform our world. Below is a thumbnail sketch of what we did in 2021. Yet as important as what we did is the “why”— why the Charter for Compassion (CFC) even exists. We believe that CFC is here to be a global connector and to be a beacon of hope and light, much like a lighthouse in a storm.



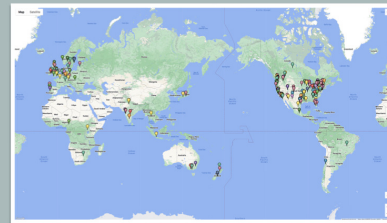
## CHARTER FOR COMPASSION

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### GLOBAL CONNECTIONS

CFC cultivates and supports the seeds of compassion in people, partners, programs, and in cities all around the world.

This is a big task, so big that it needs the involvement of many others to make it happen. It takes a global community of people living in 450+ cities, working at the grassroots level and engaging their city planners, councils, and mayors, in order to make headway on creating more compassionate communities.



## OVERVIEW

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**The Charter for Compassion** is a dynamic organization with a global reach.

It takes over 150 volunteers, 13 Board of Trustees, 12 Sector Leads, and six staff to help all of the moving pieces fall into place. It takes a global community of more than 160,000 people who help amplify our messages of compassion, hope, kindness, peace, love, and the Golden Rule (treating others as we want to be treated). It takes programs, workshops, courses, conversations, and global connections to weave together this tapestry of compassion and turn all of that goodness into meaningful and lasting action.

Below are the highlights of 2021. Our sincere appreciation goes out to all of our quiet yet powerful ambassadors of compassion who are making the world a more compassionate place in which to live each and every day.

1. LIVING COMPASSIONATELY
2. LOVING OTHERS
3. LIFE-LONG LEARNING
4. LEAVING A LEGACY

## 1. LIVING COMPASSIONATELY

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In 2021, the Charter for Compassion created several avenues for people and organizations to practice living compassionately.

- PARTNERS
- PEACE
- GLOBAL READ

### PARTNERS

One consistent opportunity is for businesses and organizations to become Charter Partners. In 2021, CFC added 60 new Charter Partners to our growing list of over 2700 partners.



## 1. LIVING COMPASSIONATELY

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### PEACE

To honor the legacy of Martin Luther King Jr., CFC created “Through the Lens of MLK Series” where we hosted activities that included the following discussions and workshops:

- *Why MLK Day is celebrated in Hiroshima, Japan*
- *Activism Fatigue in a Time of COVID*
- *Managing Risk for Greater Peace*
- *Wisdom and Justice Through Art*
- *Dismantling Hate with Music in Common*
- *Understanding the Other from Racism to Sexism*
- *Crossing the Bridge: Judaism, Compassion and Positivity*
- *Lead Like Martin - A four-part series that explored learning lessons from the compassionate leadership of MLK Jr.*



## 1. LIVING COMPASSIONATELY

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### GLOBAL READ

CFC offered 12 Global Reads—monthly conversations with authors from around the world about their books. Each book had a unique way of bringing compassion into our lives. Authors and books in 2021 included:

- Julian Abel - *The Compassion Project*
- Diane Kalen-Sukra - *Save Your City*
- Hugh Mackay - *the Inner Self*
- Tyson Yunkaporta - *Sand Talk: How Indigenous Thinking Can Save the World*
- Edited by Maurice Irfan Coles with Bill Gent - *Education for Survival: The Pedagogy of Compassion*
- Encuentro Mundial de Valores - *An Era of Consciousness*
- Anton Treuer - *The Language Warrior's Manifesto*
- Colum McCann - *Apeirogon*
- David Korten - *Ecological Civilization*
- Stephen Trzeciak - *Compassionomics*
- Rutger Bergman - *Humankind*

## 2. LOVING OTHERS

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CFC offered a variety of programs and projects in 2021 to nurture the seeds that help us learn the importance of loving and serving others.

- GOLDEN RULE DAY
- INTERFAITH HARMONY WEEK
- PARLIAMENT OF THE WORLD'S RELIGIONS
- ENGAGING YOUTH
- CREATING CONNECTION



## 2. LOVING OTHERS

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### GOLDEN RULE DAY

Since 2018, CFC has celebrated Golden Rule Day on April 5 by showcasing a variety of voices, videos, songs, dance and messages from around the world. In 2021, CFC offered a four-hour video compilation that was aired at strategic times to help engage our global audience.

## 2. LOVING OTHERS

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### INTERFAITH HARMONY WEEK

Each year CFC organize conversation and presentations of World Interfaith Harmony Week in February. It gives us the opportunity to explore the many ways religions are similar and celebrate the ways in which they differ. In 2021, one of the more memorable conversations took place between youth of different faiths. Respect and harmony were at the foundation of that conversation and all of the activities.



## 2. LOVING OTHERS

### PARLIAMENT OF THE WORLD'S RELIGIONS

Due to the ongoing pandemic, the Parliament of the World's Religions hosted its first-ever virtual gathering in 2021. CFC is a strategic partner and shouldered a good portion of the online programming. CFC offered 18 workshops, staffed a virtual table, and created an online space for people to join for a relaxing conversation or to get a question answered.



## 2. LOVING OTHERS

### ENGAGING YOUTH

The Youth Compassionate Collaborative was organized in 2021. It was a space for young people to connect to other young people from around the world. They began by hosting listening circles. They shared their hopes and their fears—for themselves and the world. Then, they started working on a website that they hope will be finished in 2022.



Compassion Rising - A Youth Initiative

## 2. LOVING OTHERS

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### CREATING CONNECTION

CFC and Citizen Discourse started a weekly series called “Coffee, Compassion & Conversation” at the beginning of the pandemic as a way for people to show up in a safe online space to hold civil conversations with others. It was a great success. In 2021, it morphed into the “Conversation Collective” and was held twice a week. The topics varied, but the core purpose of compassionate listening and loving conversations remained the same.



## 3. LIFE-LONG LEARNING

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One of the main pillars of the Charter for Compassion is education and in 2021, we offered rich and abundant educational and training opportunities. Below is a list of these offerings:

- ONLINE COURSES
- EXPLORING NEW PROGRAMS
- CIT FOR TEAMS
- BEST PRACTICES



## 3. LIFE-LONG LEARNING

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### ONLINE COURSES

CFC has developed a unique learning space to help all of us strengthen our compassion muscles. The Charter Education Institute (CEI). The CEI courses are taught by skilled contributors who share tools and strategies to cultivate self-compassion, compassion for others, and service through compassionate action. In 2021, CEI offered the following courses:

- *Science of Compassion - Live with Marilyn Turkovich*
- *Our Shared Humanity: Finding Common Ground*
- *Compassionate Integrity Training (CIT) - Winter*
- *Humanity 360 - Environmental Concerns that Affect us All*
- *Poetry for Inspiration and Wellbeing*
- *CIT - Spring*
- *Emotional Intelligence for a Compassionate World*
- *Growing Whole, Not Old*
- *How to Build Resilience in a Polarized World*
- *Our Sense-Able Nature*
- *Pathway to Awareness, Acceptance, and Compassion*
- *CIT - Fall*
- *The Gift of Forgiveness*
- *Gender Equality and Reconciliation*
- *Opening our Eyes to Inequities and Remedies*

### 3. LIFE-LONG LEARNING

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#### BEST PRACTICES

In 2021, CFC hosted 11 Compassionate City Webinars that highlighted the programs, actions, and initiatives of several Compassionate Cities. These webinars are archived on the CFC website so that their lessons and ideas are available for other cities.

- Compassionate Las Vegas, NV, USA
- Australia - Compassionate Continent
- Shareable - Partner Organization
- Compassionate Houston, TX, USA
- Compassionate St. Louis, MO, USA
- Compassionate Sooke, BC, Canada
- Come Where You Are -  
Creating a Compassionate Community Where You Live
- Compassionate Belfast, Northern Ireland, UK
- Compassionate California, USA
- Compassionate Pakistan



### 3. LIFE-LONG LEARNING

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#### EXPLORING NEW PROGRAMS

The Board of CFC wants to keep adding to the core program and partner base of the Charter. This desire birthed the Education Network Forum - a space with people from around the globe gave presentations on their programs and the scope of their work. Many of these explorations have developed solid footing in CFC's offerings. These regular gatherings will continue continue in 2022.



### 3. LIFE-LONG LEARNING

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#### CIT FOR TEAMS

In 2021, CFC partnered with Life University to offer Compassionate Integrity Training (CIT) for Teams. The Teams were organized at the city level in four cities: USA - St. Louis, San Diego, and San Antonio, and in Canada: York regions. It was invaluable for these teams of people to receive Compassionate Integrity Training - together. We hope to offer CIT for Teams again in 2022.



## 4. LEAVING A LEGACY

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Most of us hope to leave a legacy of some kind for our children and grandchildren. At the CFC, we want to leave behind the legacy of a planet that has recovered from its many environmental crises. And we want to leave all children a world that is peaceful and free from the threat of nuclear weapons. In 2021, CFC worked with cities, partners, and scores of people to take steps toward that future now.

- NEW COMPASSIONATE CITIES
- COMPASSIONATE CALIFORNIA
- COMPASSIONATE AUSTRALIA
- GLOBAL GALA
- NO NUCLEAR WEAPONS



## 4. LEAVING A LEGACY

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### NEW COMPASSIONATE CITIES

Nine new Compassionate Communities joined the CFC Family in 2021. These cities are leaving a legacy to the citizens as they tackle some of the most pressing problems identified at the local level.

These new Compassionate Cities are:

- Ridge field, Connecticut, USA
- Roanoke, Virginia, USA
- Richmond, Virginia, USA
- Raleigh, West Virginia, USA
- Richmond Hills (York region-Ontario), Canada
- Oxford, United Kingdom
- Nottingham, United Kingdom
- Bakoria, Katsina Nigeria
- Funchal, Portugal



## 4. LEAVING A LEGACY

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### COMPASSIONATE CALIFORNIA

In September of 2021, California became the first state in the United States of America to pass a resolution declaring California to be a Compassionate State. They acknowledge that they have much work to do, but this resolution gives the many cities and towns that are already Compassionate Communities, a firm foundation to support all future actions and initiatives. Way to go, California! This is a terrific legacy to leave for everyone living in the state of California.

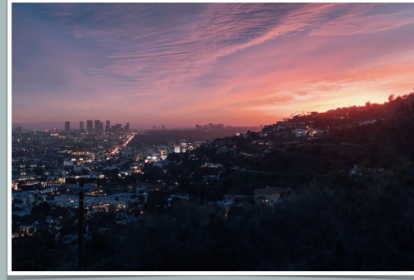




## 4. LEAVING A LEGACY

### COMPASSIONATE AUSTRALIA

Also in September of 2021, Australia became the first Compassionate Continent. This was a year-long effort from several Compassionate Communities in Australia and dozens of people. Like California, this is a legacy of great proportions and one that other countries (and continents) can learn from and strive for in the future.



## 4. LEAVING A LEGACY

### GLOBAL GALA

In 2021, CFC honored two organizations and seven people who, over many years, have been working hard to cultivate compassion. CFC gave each honoree a Humanitarian Award in recognition of their incredible contributions and the living legacy that they have leaving each of us. The 2021 Honorees were:

- Cynthia Sears, one-woman change-maker and philanthropist
- Isabel Wilkerson, Pulitzer Prize winning author of Caste: The Origins of Our Discontents and the Warmth of Other Suns
- Krista Tippett, author, broadcaster, known for her PBS radio series: On Being
- Magdalena Whooley, activist in Botswana and other regions of the world
- Rabbi Abraham Soetendorp, peace activist, bridge-builder, organizer for interfaith action to save our Earth
- Rossi Joan Halifax, Zen Priest and teacher of Engaged Buddhism
- Vandala Shiva, activist seed-saver, and organic food and local farmer advocate
- Parents Circle Family Forum, joint Palestinian/Israeli organization working for a sustainable peace to the ongoing conflict
- September 11 Families for Peaceful Tomorrows, working to bring about peace through nonviolence and story-telling

## 4. LEAVING A LEGACY

### About the Charter Support Newsletters

With our Board of Trustees, United Religions Initiative, CFC was part of Voices for a Peaceful Tomorrow, a special program on August 6th that featured speakers from several countries. It was a way to remember the atomic bomb dropped on Hiroshima by the USA in 1945 and call for action to eliminate nuclear weapons altogether. Leaving our children from nuclear weapons and eliminating the threat of a nuclear war are the dream and desire of millions of people on this planet worldwide. Our mission is to bring to life the principles articulated in the Charter for Compassion through concrete, practical action in a

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Language

# SUMMARY 2021

## Contact

Charter for Compassion PO Box 10787 Bainbridge Island, WA 98110  
2021 was a challenging year in that we've all still experienced COVID surges, accompanied by intermittent lockdowns, and the heartbreaking losses of loved ones. Amidst all this, the Charter we were creating new ways to connect, reinventing how we define community, and finding loving ways to support each other. We have compassion in action. That is why the Charter for Compassion exists — to help us find compassion for self, others, and our planet so that we might hand down a beautiful world to our great-grandchildren.



## Related

## Websites

Thanks to the Board of Trustees, all the Volunteers, our donors, and the radical supporters — all who believe in the truth, Waging Peace Dalai Lama said: *Compassion is the radicalism of our time.*

- Elevate Compassion
- Excellence Reporter
- Heal the Waters
- ICH (Healthcare)
- United Religions Initiative (URI)
- Webithon
- YouTube



Make sure you're following us on social media and seeing our posts!