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The Spark, May 23, 2024, Edition 15



Compassion as a Catalyst for Adaptive Leadership

Today's complex and rapidly changing world requires effective leadership more than ever, particularly in interfaith and inner spiritual spaces. From global pandemics to social unrest, the demand for leaders who can adapt, empathize, and foster inclusivity becomes paramount. And, as I'll argue, compassion is critical in forming this kind of leadership.

Adaptive Leadership, as coined by Ronald Heifetz and his colleagues, emphasizes the ability of leaders to adapt to changing circumstances, mobilize collective action, and address adaptive challenges effectively. Unlike technical challenges with known solutions, adaptive challenges require shifting mindsets, behaviors, and values. Adaptive leaders encourage innovation, embrace uncertainty, and empower others to navigate uncharted territories. They create environments conducive to

learning and growth, recognizing that solutions to complex problems often emerge from collective efforts and diverse perspectives.

Compassion, rooted in empathy and concern for others' well-being, lies at the heart of effective leadership. In Adaptive Leadership, compassion is a guiding principle that informs decision-making, fosters trust, and strengthens relationships. Compassionate leaders demonstrate genuine care for the individuals they lead, acknowledging their struggles, aspirations, and humanity. They prioritize the common good over personal interests and work towards creating inclusive environments where everyone feels valued and supported.

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**Charter for Compassion News, Programs,
and Webinars**



Empathic Dialogue Cafés

**Tuesday, June 4, 9am PT/12pm ET/5pm
GMT/9.30pm IST**

On the First Tuesday of every month, Crossing Borders Education offers empathic dialogue cafés so you can deeply connect with caring people. Your regular participation, however small, can strengthen our vision to build caring Charter for Compassion peer communities, spread goodness within society and simultaneously enhance your personal well-being through social connections and a sense of purpose.

[Learn More and Register Here](#)

CHARTER EDUCATION INSTITUTE



Compassion Training for Busy People with Sara Schairer and Burrell Poe

**Course begins this Thursday June 6, 9am
PT/12pm ET/5pm GMT/9.30pm IST**

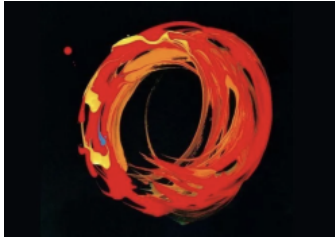


In order to find joy and meaning in life, it's important to carve out time for self-reflection and self-development. Sometimes, though, we can only spare an hour.

We invite you to spend an hour each week connecting with others while you learn about and practice compassion and mindfulness.

Sign up for five weeks of connection, accountability, learning, and laughter. (Yes, this will be fun!)

[Learn More and Register Here](#)



Circle of Trust: The Charter Sangha

**Saturday, May 25, at 9am PT/12pm ET/5pm
BST/9.30pm IST**

On the last Saturday of every month, the Charter for Compassion offers a 90-minute practice of people coming together to be in a Circle, a Sangha.

[Learn More and Register Here](#)



The Magical Ability of Music to Inspire Action with Marilyn Turkovich

**Every Wednesday at 8am PT/11am ET/4pm
BST/8.30pm IST**

Our Executive Director, (and now DJ) Marilyn Turkovich, brings to the session a few pieces of music that allow space for reflection, helping to transcend cultural barriers, inspire kindness, and evoke a sense of peace. Let's see what happens when we come together!

[Learn More and Register Here](#)



Kitchen Table Chat with Health Sector

**June 7 (Every First Friday) at 8.30am
PT/11.30am ET/4.30pm BST/9pm IST**

The health sector of the Charter for Compassion gather every first Friday of the month where everyone can share what's happening with friends in our work to elevate compassion. Tell us what you've been up to.

[Learn More and Register Here](#)

GLOBAL READ

"This clear-eyed vision for a more compassionate world will inspire you to take action in your own community."
KELLY MCDONNELL, PhD, author of The Willpower Instinct

A CASE FOR COMPASSION

What Happens When We
Prioritize People and the Planet



A Case for Compassion: What Happens When We Prioritize People and the Planet By Sara Schairer

Tuesday, June 18, 9am PT/12pm ET/5pm GMT/9.30pm IST

What would happen if the systems within our society focused on care and healing instead of growth and profit?

In this book, Sara Schairer—a leader in the compassion field—examines five of our most influential systems: education, health care, corrections, law enforcement, and the workplace.

Using personal narratives, research, thought-leader interviews, and examples of compassionate institutions, Schairer shows us that compassion can solve many of our society's most pressing problems.

[Learn More and Register Here](#)





May 30 - Linda Huskes, facilitator for "Empathic Dialogue Cafés"

June 6 - Michael Lisagor, author of the newly published "Eleven Life Lessons for Teenagers (and Everyone Else)"

*If you'd like to be featured in the LIVE show,
email felipe@charterforcompassion.org*

Good things are to be shared!

**Please share our newsletter with friends and family and
ask them to [sign the Charter for Compassion](#).**

From our Partners



Find Energy in Difference: Live Virtual Workshops with Human Systems Dynamics (HSD) Institute

June 6, 9am PDT / 11am CDT / 12pm EDT / 5 pm GMT / 9.30pm IST

Glenda Eoyang, founder of the field of Human Systems Dynamics, hosts free, online Virtual Workshops (webinars) every month.

Covering topics from health care to education reform to world peace, she draws on current events, global opportunities and concerns, and local actions. You will be invited to stand in inquiry about some of today's most salient and intractable questions.

Join on the first Thursday of each month (except July) at 11am Central.

[Learn More & Register Here](#)

If you belong to a registered Compassionate City/Community with us, and want to promote your events in The Spark, the Charter for Compassion's newsletter, email contact@charterforcompassion.org

Featured items on the Store



Compassion Mug

This mug is sturdy and glossy with a vivid print that'll withstand the microwave and dishwasher.

- Ceramic
- Dishwasher and microwave safe
- White and glossy

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Compassion Baby Tee

Compassion in English, Rainbow bonus!

- 100% cotton*
- Pre-shrunk fabric
- Side-seamed
- Relaxed fit for extra comfort

[Shop Baby Tees](#)



**Free Weekly
Meditations, Courses,
and Community**



Charter for Compassion, 2024

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Charter for Compassion
PO Box 10787
Bainbridge Island, Washington
98110