

**NEW PARTNER** ENVISION KINDNESS



STUDENT WRITING FROM INDIA AND AUSTRALIA



NEW COURSE OFFERINGS ON YOUNG PEOPLE AND CARE GIVERS



EDNET FORUM
TWICE MONTHLY
OFFERINGS ON
EDUCATION TOPICS

# COMPASSIONATE

# EDUCATION BULLETIN



### Golden Rule Day

Join us for the Charter for Compassion's annual **Golden Rule Day** celebration on April 5. This 90-minuite video program is available by registering through the Charter's website. There will also be several panel discussions available through our Facebook page. Use the webcast and website pages to supplement students' learning. Note: Women of the World Unite may contain sensitive material for some viewers.

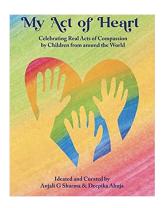
#### **EdNet Forum**

The Education Network Forum (EdNet Forum) is the Charter for Compassion's way to experience new philosophies, pedagogies, and methodologies of education as they are in practice today. It is also an opportunity to explore the neuroscience of the brain and its relationship to education. At the same time, it is our way of opening the door to seeing how social-emotional learning, the acquisition of spiritual growth, compassion, and kindness can be modeled and taught as skills. The EdNet Forum is offered twice monthly, on the first and third Thursdays of each month at 7:30-9:00 am Pacific Time. If the time is not available to you, register to get a copy of the preseentation as an mp4. Visit EdNet to receive handouts for each offering. Please note there are two special EdNet Forums on Monday, May 16 and June 6 with Dr. Andrew Garner on "What Happens In Childhood Does Not Stay in Childhood" and Beyond Toxic Stress: How to Implement Relations Health.

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### **Students Write on Compassion**

My Act of Heart is an anthology celebrating acts of compassion by children from around the world. Guided by Anjali Sharma and Deepika Abuja from Compassionate India the illustrated book keeps readers engageed with heart-warming stories. Each story is based on real acts performed by children.



Readers are inspired to pause and reflect on how it takes courage to act compassionately. Come immerse yourself in these stories and be encouraged to join these children in the compassion movement. These are stories of children, by children and for all of us. Along with stories, there are activities at end of each chapter that children can themselves do, to build their empathy muscle. What makes this book unique is that these are true moral and value-based stories where heroes are one of the children living among us. The book is

now for sale in India, but will be available world wide via Amazon September 2022.

School Childrens Acts of Compassion, has been released as an eBook. The production of the book was lead by Chloe and Eliza, two students from Loreto Secondary School in Ballarat, Australia, a compassionate city. Chloe and Eliza gathered stories of local school children who have initiated projects of extraordinary kindness and compassion. From the introduction:

Filled with feats of endurance and survival, tragedy and celebration, these stories ground us in the wonder of our shared lives. They also become part of our individual lives, shared connections resonating deep within us. Some of these we carry forward into our futrures; others we choose to leave behind. And from this place we go on to write our own life story, filled with its own joys, sorrows, hopes and fears.



The School Childrens Acts of Compassion is available free as an eBook.

If you want to feature projects involving your schools or compassionate communities, let us know and we'll publish them here. If you want to explore ideas with our <u>Education Sector Team</u>, let us know and we'll get in touch.

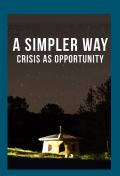
#### Save the Dates



April 7th, 7:30-9:00 am, PDT



Global Read Mother: A Tribute Photographer: Marsel van Oosten April 22, 9 am PDT



**Film Series** 

Living in a time of Crisis Full length documentary Available April 27-28





## **Dan Siegel**

Mon, April 4, 2022 @ 1pm PDT: Becoming Aware: Reducing Anxiety and Cultivating Calm Find your zen! Don't miss this free ParentEd Talk by renowned author Dan Siegel, M.D.

In this illuminating ParentMap Live talk, renowned psychiatrist, Mindsight Institute cofounder and author Dan Siegel, M.D., will break down techniques to help parents become more mindful in their daily routines. Drawing from the groundbreaking Wheel of Awareness practice outlined in his bestselling books "Aware" and "Becoming Aware," Dr. Siegel will share everyday exercises to regain inner balance and peace, while reducing fear, anxiety and stress.



#### **Thomas Hübl**

As leaders, we are called to raise our awareness of the multifaceted nature of trauma and understand its impact on us, our teams, and our work within our organisations and compassionate initiatives.

The Pocket Project, in partnership with the Charter for Compassion, is offering this 6-month course to develop trauma-informed awareness and strengthen our sources of resilience and sensitivity with the aim of opening up to an increased flow of information, creativity and impact.

PUBLIC MODULE 0: OVERVIEW - WHY TRAUMA-INFORMED LEADERSHIP? Tue 26 April - 10:00 - 11:30 a.m. PDT

Register here.