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December 2023 - Edition 2



## Illuminate a Compassionate Future: Join Our Global Movement Today!

Dear Compassionate Friend,

As we approach the end of 2023, we reflect on the collective challenges our world faces — a world marked by division, fear, and despair. Yet, in the face of adversity, hope prevails, and compassion emerges as a guiding light. The Charter for Compassion, a beacon for positive change, stands at the forefront of a global movement.

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**CHARTER FOR COMPASSION  
NEWS, PROGRAMS, AND WEBINARS**



## THE GIFT OF FORGIVENESS

**Course begins Monday, Jan 15  
for 4 weeks**

As part of the Sage-ing® or Conscious Aging movement, we can discover, access and utilize our wisdom through giving ourselves THE GIFT OF FORGIVENESS.

During this workshop we will explore the impact of our beliefs about forgiveness, begin the healing process and recognize the powerful ways that the things we saw as negative can be transformed into the foundation for living more fully.

[Learn more & Register Here](#)



## EdNet: No Bully by Power of Zero

**Thursday, January 18,  
7.30 am PST / 4.30 pm CET**

Bullying and cyberbullying are destroying young lives

One in three children will be bullied this year. It could be your child – it could be a student at your school – but the effects can last a lifetime.

We can prevent this

Learn about the award-winning No Bully program being implemented in schools. Trained teachers are able to solve close to 90% of incidents of bullying and cyberbullying and create a culture where every student belongs.

[Learn More & Register Here](#)



### **Our #GivingTuesday gift to you!**

Register for our Signature, on-demand course, Essence of Compassion for free until the end of the year!

## **ON THE BLOG**



Palestinian Voices: In chilling echoes, they preach not to weep.

### **By Anonymous**

In chilling echoes, they preach not to weep,  
But what of innocence, in chaos, we keep?  
A child's grasp shattered, despair in the air,  
Under ruins, a soul stripped, laid bare.

[Continue Reading Here](#)



**WATCH CHARTER LIVE WITH FELIPE**

EVERY THURSDAY AT

FRIDAY FRIDAY  
11 AM PST / 8 PM CET / 12.30 AM IST / 6 AM AEDT

ON OUR SOCIAL MEDIA CHANNELS

∞ CHARTER FOR COMPASSION f t in o s

**Tap/Click here Watch the latest episode with special guest Scarlett Lewis, Founder of the Jesse Lewis Choose Love Movement.**

## On The Shop!

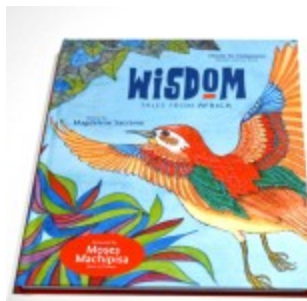


### Compassion Hoodie

**\$44**

Everyone needs a cozy go-to hoodie to curl up in, one that's soft, smooth, and stylish. It's the perfect choice for cooler evenings!

[Shop Hoodies](#)



### Wisdom Tales from Africa

**\$25**

Wisdom Tales from Africa is an anthology of stories drawn from several African traditions.

[Shop Books](#)



### Compassion Mugs

**\$20**

Whether you're drinking your morning coffee, evening tea, or something in between – this mug's for you!

[Shop Mugs](#)

## From our Partners



Charter for Compassion 2023

