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# COMPASSIONATE EDUCATION BULLETIN



# We are in this together

We are excited about the first issue of our **Compassionate Education Bulletin**. It is an opportunity to

share what is happening in the Charter for Compassion's Education Sector, introduce you to our partners—at all levels of the educational spectrum— and to open gateways to learning what is happening

around the world. This is your Bulletin as well as ours, so we want to hear from you. If you have an extraordinary lesson others should know about—**send it along**. If you are part of a program that can be adapted in other settings—don't keep it a secret, gift it to the world. All arms are open.

Our efforts are guided by an Education Sector Coordination Team. Their full bios are on the website. https://charterforcompassion.org/ We look forward to others joining our efforts. Drop us a line and we'll get back to you. We've created a self-directed volunteer course to help you orientate new people to the mission, vision and work of the Charter and we meet with lead volunteer Join the Compassionate School Network. <u>Click here for</u> <u>more information</u>. coordinators on a regular basis. We hope you'll consider joining our team.

## **Upcoming events**

#### Global Read-See No Stranger

The Charter for Compassion sponsors a Global Read each month. We highlight current writing that relates to themes of compassion. On February 9, 2022 at 10 am, PST we will be featuring Valarie Kaur and her book *See No Stranger*. A few things to know about Global Reads: we realize that not everyone can attend at the scheduled time, so we ask you to register for the event. You'll receive a link to the full program recording about 24 hours after it is scheduled. View it at your convenience, share the link with others. *See No Stranger* is a perfect book and program to share with students as well. Another important point about Valarie's work is that she and her team offer a full learning program through their website. The book is for upper grades. **Register for the Global Read**. While at our website, review our Global Read line-up for 2022 under Programs in the navigation bar.

#### Peace Literacy with Paul K. Chappell

In the face of a menacing dragon, a human figure holds aloft an open book, a reminder that education is the first line of defense against humanity's most serious global challenges. This is the opening sentence to Paul K. Chappell's website of the Peace Literacy Institute. Building on West Point's world-class leadership training and the disciplined vision of Civil Rights leaders, Paul wants to educate people to be as well-trained in waging peace as soldiers are in waging war. **Register for February 23, 2022, 2 pm PST**. Peace Literacy is an offering in our 40 Days of Peace in honor of Dr. Martin Luther King's concept of Beloved Community. Remember, register for the event, and we'll send you a link to view it later at a time that suits you.

#### Kitbag Workshop with Dr. Margaret Hannah

On Wednesday, 2nd March at 7 am PST and again at 3 pm PST we'll offer an interactive workshop using International Future Forum's **Kitbag** to grow a culture of compassion. Designed by psychologists and therapists with input from artists and musicians, Kitbag is used widely in schools and families in Scotland. It opens up a safe space to explore feelings, to be present and to grow understanding and empathy for each other (www.iffkitbag.com). During this workshop, you will have an





#### Global Read-Feb 9



Peace Literary—Feb 23



Kitbag–March 2

experience of using the different elements and hear from children in Scotland about its value in their lives. **Register for either workshop here**.

### Put this on your radar

#### **Charter Adds a Spotify Channel**

It's brand new for us. We now have five playlists on Spotify totaling more than ten hours of music. Check it out and follow us. Three of the lists relate to our 40 Days of Peace, commemorating the concept of Dr. Martin Luther King's Beloved Community. One is of the music from our November 2021 Global Gala with some additional music by contributing artists. Still another, "Music as a Pathway to Unity, is a



compilation of global religious, interfaith and secular music. It has been designed to create moments that support reflection, prayer and emotional release. These are sounds of hope assembled for World Interfaith Harmony Week 2022.

#### **Flourish Project**

The Flourish Project (United Kingdom) introduces a new and powerful framework for understanding and mapping human wellbeing that promotes community involvement and whole-systems thinking. Currently moving into its pilot period, it offers parents, teachers, schools, city-leaders and national policymakers the ability to better understand and promote the health and wellbeing of both themselves and their local communities and populations. In each case, it provides a quick and easy way to map and evaluate existing wellbeing scales and indicators that promote eco-systemic thinking and the need to 'measure what matters.' Above all, it underpins the call for a more caring, sustainable and compassionate world. **Visit the Flourish Project website** to learn more, and to view some of their free curriculum materials, especially if you are interested in teaching the United Nation's Sustainable Development Goals (SDGs).

#### The Respect Foundation

The Respect Foundation's mission (The Netherlands) is to make society more beautiful by working with young people on respect for themselves, each other and the world around them. Having celebrated fifteen years in operation, the Respect Foundation believes that all young people have a moral compass. **Visit their website** and find yourself considering how some of the programs and successes could make their way into your educational institution or organization. Think about what a "Week of Respect" and a "Respect Pact" coupled with anti-bullying awareness and refugee welcoming campaigns might mean if they were replicated worldwide. Click on the Respect Education button where you will find a plethora of lessons.