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## **The Spark, October 13, 2025, Edition 58**



## **May We See Hozho**

Over the next four weeks, the Charter for Compassion will highlight the extraordinary lives and work of our 2025 Karen Armstrong Humanitarian Awardees—four remarkable individuals who embody compassion as a transformative force in our world.

We begin this week with [Dr. Lyla June Johnston](#), an Indigenous musician, poet, scholar, and activist whose life's work reminds us that compassion is not only a human virtue but a way of living in harmony with all creation.

### Honoring Dr. Lyla June Johnston: Voice, Song & Renewal

We are honored to present Dr. Lyla June Johnston — Indigenous singer, poet, activist, scientist, and visionary — as our first spotlight on this year's Karen Armstrong Humanitarian Awardees. Her art and activism are inseparable: through lyrics, poems, stories, and leadership, Lyla June lifts us into remembrance — that we belong to each other, and to the land.

A Diné (Navajo) and Cheyenne woman, Lyla June's creative work reaches across communities, generations, and ecosystems. Her writings teach us to see — and to remember — what is already here. In her poem "Wake Up Time," she writes...

[Continue Reading Here](#)



**GLOBAL YOUTH**  
*Conference*  
COMPASSIONATE LEADERSHIP  
FOR ACTION & IMPACT



OCTOBER 28, 29, 30, 2025

FEATURING SPECIAL PROGRAMMING  
ON OCTOBER 30 BY



**Join us for the second edition of the virtual [Charter for Compassion Global Youth Conference: Compassionate Leadership for Action & Impact](#) on October 28–30, 2025,**

**featuring special programming by [KidsRights](#) through their [State of Youth Program](#) on October 30, bringing powerful energy to our closing day.**

This year's conference will bring together a powerful collective of youth leaders, and changemakers from across the world to explore how young people are rising to meet today's challenges with empathy, courage, compassion, and a deep commitment to justice and transformation.

Through visionary ideas, purpose-driven dialogue, and collaborative leadership, this conference will equip participants to turn compassion into tangible action, locally and globally.

### **Compassionate Youth Awards**

We are honored to launch the Compassionate Youth Awards, a celebration of outstanding young changemakers who are leading with compassion and creating meaningful impact in their communities and the world. Awardees will be recognized at the Global Youth Conference 2025.

[Learn More and Register Here](#)



**Announcing the Charter for Compassion's Global Gala & the 2025 Karen Armstrong Humanitarian Awards**

## **Threads of Compassion**

## Recognizing Those Who Heal, Uplift, And Unite Humanity

**Saturday, November 15, 2025**

**Online - LIVE broadcast  
at 8 am PST (4 pm UTC) & 4 pm PST (12 am UTC)  
to benefit every time zone**

**Expect inspiration. Expect connection.  
Expect to be moved.**

**Join us in celebrating those who heal, uplift, and unite  
humanity— and stand with us in weaving compassion  
into the fabric of our world.**

**Learn more and Get Your Tickets Here!**



### **Cognitive Based Compassion Training (CBCT)**

Compassion U™ is a virtual way to learn CBCT© (Cognitively Based Compassion Training), a program developed at Emory University in 2005,




to cultivate compassion and emotional well-being in adults. Supported by decades of research, the CBCT program includes self-paced sessions in Compassion U and a weekly live group session with a trained CBCT Instructor to support you to:

- Strengthen Attention
- Regulate Emotions
- Sustain Compassion for Yourself and Everyone You Meet!

CBCT is already transforming the fields of healthcare, mental health, education, and business. Whether for personal healing, professional development, or a more just world, CBCT equips individuals with the tools to flourish.

[Learn More and Register Here](#)



The graphic is a promotional poster for the 'Unveiling of the Charter 2.0'. At the top left is the 'CHARTER FOR COMPASSION' logo, which features a blue infinity symbol. To the right of the logo is a dark blue banner with white text that reads 'Join us for a historic global gathering! Unveiling of the Charter 2.0'. Below this banner is a grid of ten images: a smiling couple, a white peace symbol on a purple background, a person with arms raised in a sunlit field, hands holding a green plant, a laptop screen showing a video conference, a globe made of various national flags, an open book with a red apple on top, a large tree, a collage of religious symbols (Om, Star of David, cross, crescent), a document with a pencil, the text 'JOIN US!', and a white dove with an olive branch. Below the grid is a yellow banner with black text: 'The Charter for Compassion is a document that transcends religious, ideological, and national differences. Supported by leading thinkers from many traditions, the Charter calls on us to activate the Golden Rule around the world.' The main body of the poster is divided into two columns. The left column has a dark blue header with white text: 'TO BE UNVEILED ON NOVEMBER 12, 2025'. Below this, the text reads: 'This landmark webinar celebrates the launch of **Charter for Compassion 2.0: From Inner Healing to Planetary Flourishing**. Through storytelling, music, archival footage, and voices from around the world, we'll revisit the Charter's origins in 2009 and witness its **renewal** today.' Further down, it says: 'Experience how compassion has taken root in over 55 countries, 600 cities, and 3,000 organizations, and discover the transformative power of the arts, including moving performances by Yael Deckelbaum and Nimo Patel.' The right column has a white background with a dark blue header that reads: 'Be part of unveiling the Charter for Compassion 2.0 and exploring the Seven Pillars of Compassionate Action that guide our global work — from education and justice to care for the Earth. This is more than a film; it's an invitation to join a worldwide movement for resilience, renewal, and collective flourishing.' Below this is a section titled 'How and When to Join us!' with a clock icon. It lists the date as 'Wednesday, November 12, 2025' and provides live broadcast times for various time zones: '7 AM PT / 8 AM MT / 9 AM CT / 10 AM ET / 3 PM GMT / 4 PM SAST / 8.30 PM IST' and '& 4 PM PT / 5 PM MT / 6 PM CT / 7 PM ET / (NOV.13) 11 AM AEDT / 1 PM NZST'. At the bottom right, a dark blue box contains white text: 'Visit our website or email us to register for this event :', followed by the website 'www.charterforcompassion.org' and the email 'contact@charterforcompassion.org'.

## Unveiling of the Charter for Compassion 2.0

**Wednesday, November 12**

**7am PT / 8am MT / 9am CT / 10am ET / 3pm GMT / 4pm SAST / 8.30pm IST**

**OR**

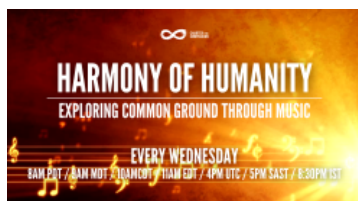
**4pm PT / 5pm MT / 6pm CT / 7pm ET / (Nov.13) 11am AEDT / 1pm NZST**

Join one of our LIVE broadcasts as we celebrate with these landmark webinars marking the launch of **Charter for Compassion 2.0 — A Charter for Compassionate Transformation: From Inner Healing to Planetary Flourishing.**

Through a powerful blend of storytelling, music, archival footage, and voices from around the globe, the production traces the Charter's journey from its origins in 2009 to its renewal today.

[Learn More and Register Here](#)

## News, Programs, and Webinars



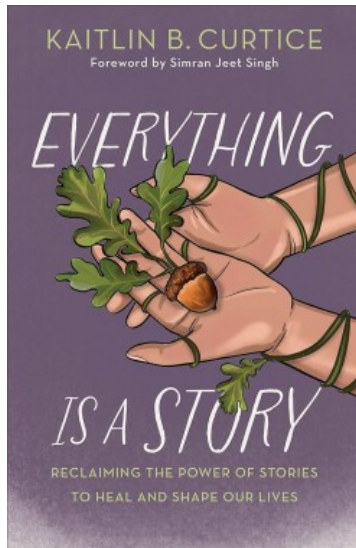
### Harmony of Humanity: Exploring Common Ground Through Music with Marilyn Turkovich

**Every Wednesday**  
**8am PDT / 9am MDT / 10am CDT / 11am EDT / 4pm UTC / 5pm SAST / 8:30pm IST**

Music has been an integral part of every culture throughout history, reflecting the unique characteristics and traditions of different societies. From the rhythmic beats of African drums to the intricate melodies of Indian ragas, music provides insight into the lives, histories, and identities of people around the world.

By studying various musical traditions, we gain a deeper appreciation for the diversity and richness of global cultures.

[Register For Series 3 Here!](#)



## Global Read: Everything is a Story by Kaitlin B. Curtice

**Wednesday, October 15**

**2pm PDT / 3pm MDT / 4pm CDT / 5pm EDT  
10pm UTC / (Oct. 16) 8am AEDT / 10am  
NZST**

In "Everything Is a Story," Kaitlin B. Curtice shows how stories shape us—like acorns growing into mighty oaks. She invites us to reflect on which stories we carry forward and which we can finally let go.

**Join the Follow-up Interfaith Discussion on  
Saturday, October 18**

**11am PDT / 12pm MDT / 1pm CDT / 2pm  
EDT / 7pm UTC / (Oct. 19) 5am AEDT / 7am  
NZST**

*We're co-sponsoring this event with Alignment Interfaith Contemplative Practices. When registering for the session, please tick the box: "I learned about this event through the Charter for Compassion."*

[Learn More and Register Here](#)





## ICYMI: In Case You Missed It!

September 13

[Global Read for Kids+Co: World of Wonder with Valarie Kaur](#)

September 16

[Cultivating Self Compassion with Ai - Dr. Lydia Kostopoulos](#)

September 17

[Global Read: Home Inside the Globe with Gail Straub](#)

September 21

[Australia National Day of Compassion 2025](#)

## From our Partners



## Week of Prayer for World Peace 2025

## October 12-19

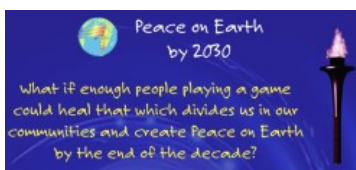
Interfaith Alignment is honored to collaborate with the **Iona Community** and the **Week of Prayer for World Peace (UK)** on this expanding global project.

A digital calendar of prayer videos from 8 faith and spiritual traditions offered by global leaders and communities for the Week of Prayer for World Peace.

Together, through shared prayer and sacred intention, we nurture a peace that unites humanity in care for one another and the whole of creation.

We invite you to revisit, reflect, and share these daily prayers—perfect for opening meetings, classes, worship services, and interfaith gatherings.

[Visit Week of Prayer for World Peace Site](#)



## Peace Game

**Every Wednesday, October 15 - December 10**

**9am PDT / 10am MDT / 11am CDT / 12pm EDT / 5pm UTC / 6pm SAST / 9:30pm IST**

Join David Gershon, architect of the Peace Game and Peace on Earth by 2030 movement, as you embark on this quest to achieve Peace on Earth by 2030.

[Learn More and Register Here](#)

## Announcing 2 impactful Virtual Conferences:



## The 4th Annual Global Learning For an Open World Conference

**November 19-20, 2025**

GLOW is a premier virtual event dedicated to global education and innovation. This conference aims to enhance global competencies, foster cross-border collaboration, nurture dynamic global citizenship, and ensure equitable access to quality education for all.

[Learn More Here](#)



## Thrive: United for Democracy and Global Action

**January 21-22, 2026**

Join democracy practitioners, educators, business leaders, and community organizers from around the world for two days of cutting-edge strategies, cross-sector partnerships, and practical skill-building to strengthen democracy globally.

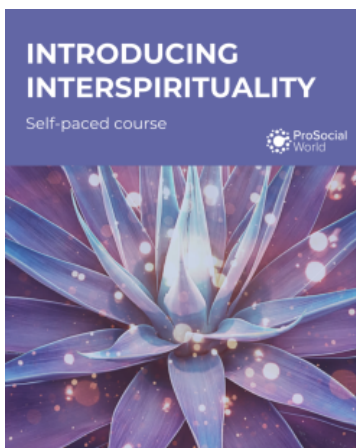
[Learn More Here](#)



## GoldenRuleism Children's Resources

We invite you to enjoy and share our new GoldenRuleism Children's Resources throughout the year. These resources are designed to inspire learning and compassion, encouraging young minds to embrace the principles of kindness and understanding. Share them with others to spread awareness and promote a nurturing atmosphere for all.

[Explore Resources Here](#)



## New Virtual, Self-Paced Course: Introducing Interspirituality with ProSocial Spirituality

Are you seeking a deeper spiritual connection?

ProSocial Spirituality blends scientific wisdom with spiritual traditions to create meaningful transformation. Start your journey on your own time with our introductory self-paced course. This course explores Wayne Teasdale's Nine Elements of Universal Spirituality, providing a self-paced journey for personal growth and inner transformation.

[Learn More and Register Here](#)

*If you are a Partner organization, or belong to a registered Compassionate City/Community with us, and want to promote your events in The Spark, the Charter for Compassion's newsletter, email [contact@charterforcompassion.org](mailto:contact@charterforcompassion.org)*



# WATCH CHARTER LIVE WITH FELIPE

EVERY THURSDAY AT

FRIDAY FRIDAY

11 AM PST / 8 PM CET / 12.30 AM IST / 6 AM AEDT

ON OUR SOCIAL MEDIA CHANNELS



*If you'd like to be featured in the LIVE show,  
email [felipe@charterforcompassion.org](mailto:felipe@charterforcompassion.org)*

## Featured items on the Store





## Compassion Sticker

**US\$4**

These stickers are printed on durable, high opacity adhesive vinyl which makes them perfect for regular use, as well as for covering other stickers or paint.

[Shop Stickers](#)



## Compassion Water Bottle

**US\$25**

This 17-ounce, double-walled stainless steel water bottle is perfect for your daily outings. It features an odor- and leak-proof cap and Compassion in rainbow colors as design.

[Shop Bottles](#)





community of  
mindful families



COMPASSIONATE  
LAS VEGAS

Charter for Compassion, 2025

You are receiving this newsletter  
because you signed up for it, or  
participated in a course, meeting, or  
webinar with the Charter for  
Compassion.

