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The Spark, March 19, 2025, Edition 39



Reclaiming Our Power for the Common Good

Across the United States and many other parts of the world, we are witnessing governments that no longer prioritize the well-being of their people. Cuts to essential services—education, healthcare, food assistance,

housing, and social safety nets—are leaving countless individuals vulnerable. These policies do not reflect the will of a compassionate society; they reflect the will of power and profit at the expense of dignity and humanity.

It is understandable to feel helpless in the face of such systemic injustice. That helplessness, however, is what those in power count on. They want us to feel overwhelmed, to believe that our voices do not matter, that resistance is futile. But history has shown us that when people come together with a shared purpose, they can bring about extraordinary change.

CONTINUE READING HERE



The Compassionate Action Conference: Transforming The World Together

Join us on May 14 & 15 for our virtual conference offering a unique platform for individuals and organizations to come together to promote empathy, justice, and sustainable change across diverse sectors. The conference empowers attendees, presenters, and organizations to drive meaningful global transformation through compassionate action by fostering collaboration, sharing expertise, and providing actionable strategies.

[If you'd like to participate as a speaker, in a session, organize a panel, or provide an experience for the conference, we hosted an information meeting with all those details. Click/Tap here to watch it!](#)

[Learn More and Register Here](#)



Dear Friends,

The world is at a crossroads. Division, fear, and apathy threaten the very fabric of our shared humanity. But there is hope. A new generation of compassionate leaders is emerging—young people who believe in justice, in kindness, in the power of human connection to transform lives.

At the Charter for Compassion, we believe that compassion is not just an ideal; it is a teachable, learnable skill. Through [Cognitive-Based Compassion Training \(CBCT\)](#), offered through Emory University, we are equipping youth with the tools they need to lead with empathy, courage, and resilience. We also want to train leaders in our compassionate communities. This training now needed more than ever. We intend to train cadres of people to:

- ✓ **Cultivate Emotional Intelligence** – Learning to recognize our own emotions and those of others.
- ✓ **Develop Deep Listening and Nonviolent Communication Skills** – Essential for resolving conflict and building stronger communities.
- ✓ **Strengthen Resilience and Self-Compassion** – So we can navigate adversity with grace and strength.
- ✓ **Become Change Agents for Peace and Justice** – Bringing compassion into policy, social movements, and everyday leadership.

But we cannot do this alone. **We need your support.**

Hopefully, with your help, we can begin training significant numbers of facilitators starting early this fall.

Your gift will provide critical resources to expand our programs, ensuring that youth around the world have access to life-changing compassion education.

[Donate Here](#)



Golden Rule Day: Humanity's Timeless Compass

April 5, Golden Rule Day, is upon us and we need your help!

Be part of the experience—whether from the front row or behind the scenes! As a **spectator**, you'll witness powerful stories, inspiring content, and meaningful conversations that will leave you energized and engaged.

But why stop there?

Step up as a **content provider** and share your voice, creativity, and unique perspective with the world.

Whether you're watching or contributing, your participation helps build a vibrant, compassionate community.

Choose Your Role and Join us!

News, Programs, and Webinars



Harmony of Humanity: Exploring Common Ground Through Music with Marilyn Turkovich

Every Wednesday

8am PDT / 9am MDT / 10am CDT / 11am EDT / 3pm GMT / 5pm SAST / 8:30pm IST

Music has been an integral part of every culture throughout history, reflecting the unique characteristics and traditions of different societies. From the rhythmic beats of African drums to the intricate melodies of Indian ragas, music provides insight into the lives, histories, and identities of people around the world. By studying various musical traditions, we gain a deeper appreciation for the diversity and richness of global cultures.

[Learn More and Register Here](#)



EdNet Forum: Peace Leadership Model with James Offuh, United For Peace Against Conflicts International (UFPACI)

Thursday, March 20

7:30am PDT / 8:30am MDT / 9:30am CDT / 10:30am EDT / 2:30pm GMT / 8pm IST

James Offuh will share with us the process of the Peace Leadership Model. It's a journey of self discovery for sustainable collaboration, which invites individuals or a larger group people in that journey to dignity and equality. It is an expression of respect to all Human Beings.

[Learn More and Register Here](#)



Youth Voices For A Nuclear-Free Future

Wednesday, March 26 at 8am PDT / 9am MDT / 10am CDT / 11am EDT / 3pm GMT / 5pm SAST / 8:30pm IST

Join us for an inspiring webinar hosted by the [Charter for Compassion](#) in collaboration with [Voices for a World Free of Nuclear Weapons](#).

This special event features the Gorbachev-Schultz Youth Award winners - young activists leading the charge for a nuclear-free future.

Whether you're deeply passionate about nuclear abolition or just beginning to explore the cause, this is a unique opportunity to hear from individuals striving for a world without nuclear weapons.

Join us to hear their powerful stories and discover how you can take action. The conversation will be moderated by our own, Anum Mulla.

[Register Here](#)



Global Read: One, a Story of Hope in Our Time By Devon Clunis

Wednesday, March 26

**9:45am PDT / 10:45am MDT / 11:45am CDT
/ 12:45pm EST / 4:45pm GMT / 6:45pm
SAST / 10:15pm IST**

ONE is an inspiring autobiography by Devon Clunis, chronicling his remarkable journey from a small village in Jamaica to becoming Canada's first Black Chief of Police and later the inaugural Inspector General of Policing for Ontario.

This deeply personal narrative reveals how his faith and dedication to improving the lives of others were central to everything he did, both in his career and personal life.

The conversation will be moderated by Rev. Dr. James Christie.

[Learn More and Register Here](#)



Compassion Circle: The Charter Sangha

Saturday, March 29

**9am PDT / 10am MDT / 11am CDT / 12pm
EDT / 5pm BST / 6pm SAST / 9.30pm IST**

On the last Saturday of every month, the Charter for Compassion offers a 90-minute practice of people coming together to be in a Circle, a Sangha.

[Learn More and Register Here](#)



Building Compassionate Communities

**April 7, 8, 9, or 10.
Same Webinar, 4 Dates with Different Times.**

The Charter for Compassion has developed a four-phase model for creating Compassionate Communities. This model provides structure and tools for individuals and groups eager to foster compassion in their cities, towns, and regions.

In this 90-minute session, we will:

- ✓ Introduce the four phases of building a Compassionate Community
- ✓ Share practical tools to help you get started or expand your efforts
- ✓ Explore how the Charter's initiatives—such as the Toolbox for Compassionate Communities, the annual 40-Day Beloved Community Legacy of Martin Luther King Jr., and our compassion-strengthening courses—can support your work

Learn More and Register Here



Global Read: Changemakers by Marc Dullaert, Julius Dullaert, and Inge Ikink

Wednesday, April 9

**9am PDT / 10am MDT / 11am CDT / 12pm
EST / 5pm BST / 6pm SAST / 9:30pm IST**

LISTEN TO THE CHILDREN

Twenty children moving the world. Twenty interviews. Twenty incredibly inspiring stories for young and old.

The International Children's Peace Prize and the young winner's message reaches hundreds of millions of people around the world.

Awarded this year for the twentieth time, a milestone and occasion to engage with the winners and to talk with them about their lives, their actions: and listen to them in wonder and be inspired.

[Learn More and Register Here](#)



Allies in Action: Community & Partner Chat for CANADA

Wednesday, April 16

**4:30pm PDT / 5:30pm MDT / 6:30pm CDT /
7:30pm EDT**

At this gathering, we aim to foster meaningful conversations, exchange innovative ideas, and address any concerns that you may have.

If you belong to a Compassionate Community, are part of a partner organization, or signed the Charter for Compassion and live in CANADA, this chat is for you.

[Learn More and Register Here](#)

*Becoming Wise
An Inquiry into
the Mystery and
Art of Living
Krista Tippett*



Global Read: Becoming Wise: An Inquiry into the Mystery and Art of Living By Krista Tippett

**Wednesday, April 23
9am PDT / 10am MDT / 11am CDT / 12pm
EST / 5pm BST / 6pm SAST / 9:30pm IST**

In *Becoming Wise*, Krista Tippett has created a master class in living for a fractured world. Fracture, she says, is not the whole story of our time. The enduring question of what it means to be human has become inextricable from the challenge of who we are to one another.

She insists on the possibility of personal depth and common life for this century, nurtured by science and “spiritual technologies,” with civility and love as muscular public practice. And, accompanied by a cross-disciplinary dream team of a teaching faculty, she shows us how.

The conversation will be moderated by our friend Parker J. Palmer.

[Learn More and Register Here](#)



ICYMI: In Case You Missed It!

Feb. 26

[Global Read: God and Nuclear Weapons](#)

Feb 28

[Global Read: Being Nobel](#)

[Community Ambassadors Program with
Compassionate Sacramento](#)

From our Partners



GoldenRuleism Ambassadors

A GoldenRuleism Ambassador is anyone committed to positively impacting their community and the world. This role is not defined by status or position but by the willingness to practice empathy and kindness in everyday interactions. Whether you are a community leader, educator, student, or simply someone who believes in the power of GoldenRuleism, you can become an ambassador.

**Learn More on How to Become a
GoldenRuleism Ambassador**

If you are a Partner organization, or belong to a registered Compassionate City/Community with us, and want to promote your events in The Spark, the Charter for Compassion's newsletter, email contact@charterforcompassion.org



WATCH CHARTER LIVE WITH FELIPE

EVERY THURSDAY AT

FRIDAY
 11 AM PST / 8 PM CET / 12.30 AM IST / 6 AM AEDT

FRIDAY
 11 AM PST / 8 PM CET / 12.30 AM IST / 6 AM AEDT

ON OUR SOCIAL MEDIA CHANNELS








If you'd like to be featured in the LIVE show, email felipe@charterforcompassion.org

Featured items on the Store



Compassion Starts Here Baby-Tee

US\$22

get your baby this short sleeve cotton jersey tee that's not only stylish, but also comfy, durable, and easy to clean.

[Shop Baby Tees](#)



Compassion Pins (5 Pk.)

US\$30

These metal pins say Compassion and our logo infinity sign.

Take advantage of this package deal and save on your order!

[Shop Pins](#)





Charter for Compassion, 2025

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