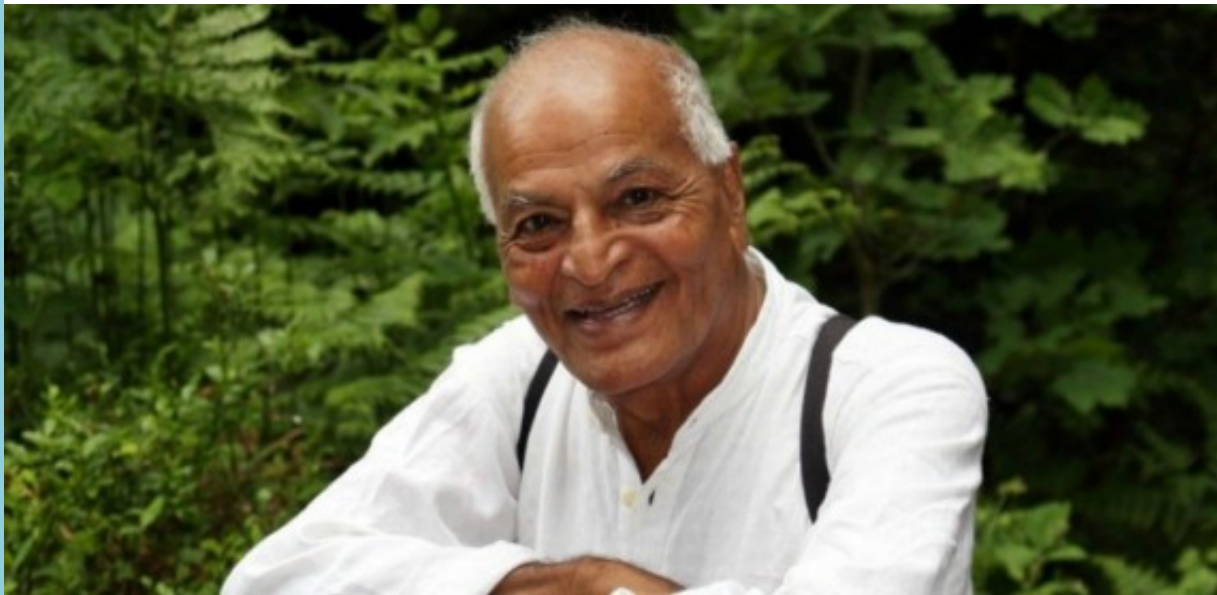


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The Spark, October 20, 2025, Edition 59



Satish Kumar: Walking Gently for a Better World

Satish Kumar has walked thousands of miles for peace—but it is the way he walks through life, with humility, reverence, and compassion, that has made him one of the most beloved and enduring voices for ecological and spiritual renewal in our time.

Born in India in 1936, Satish became a Jain monk at the age of nine, dedicating his early years to a path of nonviolence and simplicity. Later, inspired by Mahatma Gandhi and British peace activist Bertrand Russell, he left the monastic life to embark on what became one of the most

remarkable pilgrimages of the 20th century: an 8,000-mile walk from New Delhi to the nuclear capitals of the world—Moscow, Paris, London, and Washington, D.C.—carrying a message of peace, and offering "**peace tea**" to the world's leaders.

He walked with no money in his pocket, relying solely on the kindness of strangers and the spirit of trust...

[Continue Reading Here](#)



GLOBAL YOUTH
Conference
COMPASSIONATE LEADERSHIP
FOR ACTION & IMPACT



OCTOBER 28, 29, 30, 2025

FEATURING SPECIAL PROGRAMMING
ON OCTOBER 30 BY



Join us for the second edition of the virtual [Charter for Compassion Global Youth Conference: Compassionate Leadership for Action & Impact](#) on October 28–30, 2025, featuring special programming by [KidsRights](#) through their [State of Youth Program](#) on October 30, bringing powerful energy to our closing day.

This year's conference will bring together a powerful collective of youth leaders, and changemakers from across the world to explore how young people are rising to meet today's challenges with empathy, courage, compassion, and a deep commitment to justice and transformation.

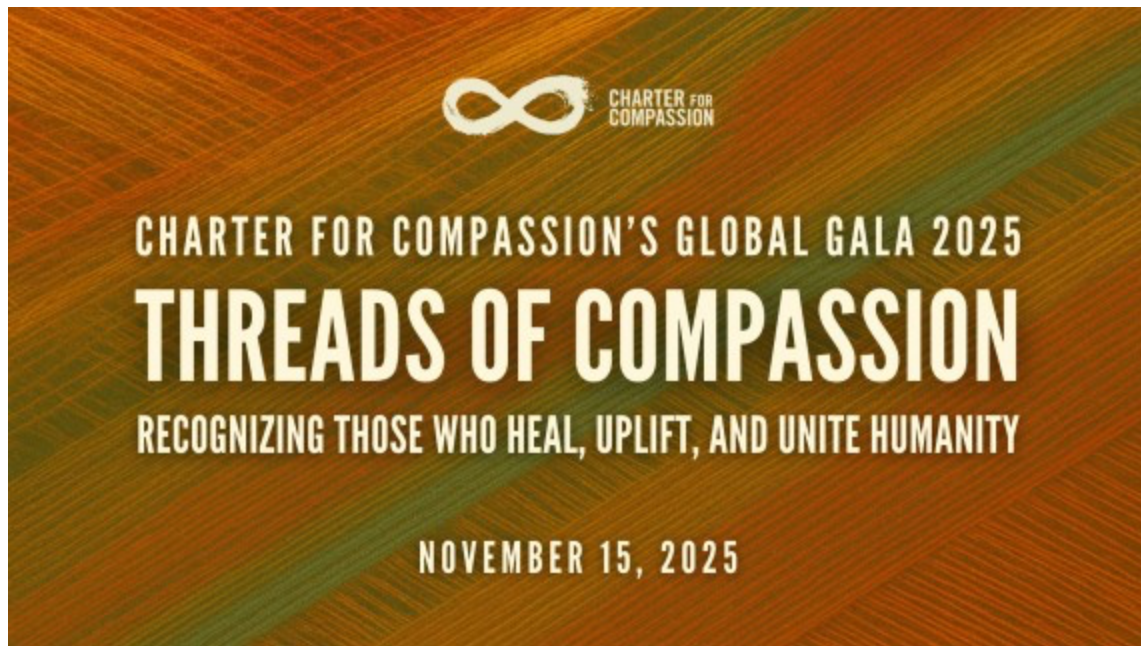
Through visionary ideas, purpose-driven dialogue, and collaborative

leadership, this conference will equip participants to turn compassion into tangible action, locally and globally.

Compassionate Youth Awards

We are honored to launch the Compassionate Youth Awards, a celebration of outstanding young changemakers who are leading with compassion and creating meaningful impact in their communities and the world. Awardees will be recognized at the Global Youth Conference 2025.

[Learn More and Register Here](#)



Announcing the Charter for Compassion's Global Gala & the 2025 Karen Armstrong Humanitarian Awards

Threads of Compassion

Recognizing Those Who Heal, Uplift, And Unite Humanity

Saturday, November 15, 2025

**Online - LIVE broadcast
at 8 am PST (4 pm UTC) & 4 pm PST (Nov.16 - 11 am
AEDT / 1 pm NZST)
to benefit every time zone**

**Expect inspiration. Expect connection.
Expect to be moved.**

Join us in celebrating those who heal, uplift, and unite humanity— and stand with us in weaving compassion into the fabric of our world.

Learn more and Get Your Tickets Here!



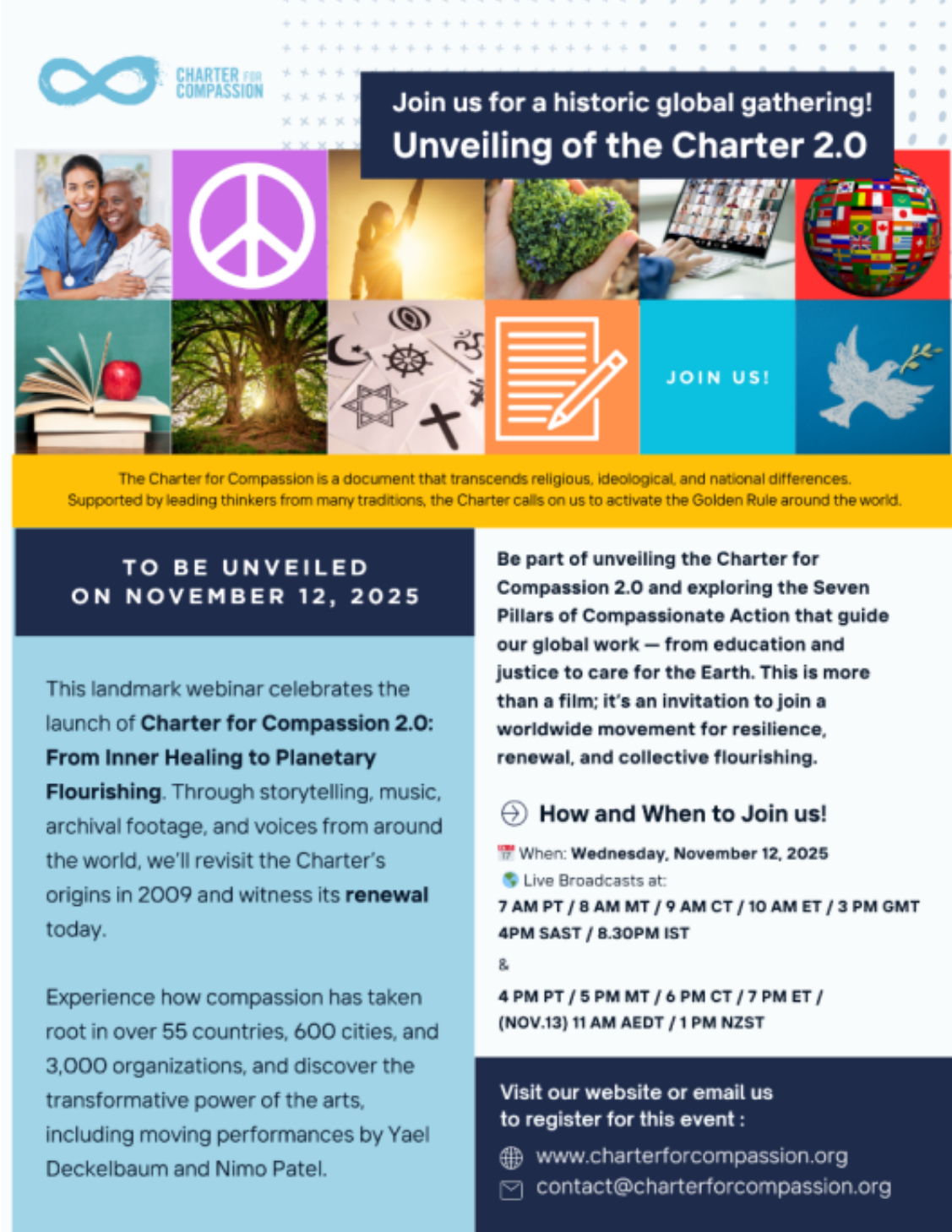
Cognitive Based Compassion Training (CBCT)

Compassion U™ is a virtual way to learn CBCT© (Cognitively Based Compassion Training), a program developed at Emory University in 2005, to cultivate compassion and emotional well-being in adults. Supported by decades of research, the CBCT program includes self-paced sessions in Compassion U and a weekly live group session with a trained CBCT Instructor to support you to:

- Strengthen Attention
- Regulate Emotions
- Sustain Compassion for Yourself and Everyone You Meet!

CBCT is already transforming the fields of healthcare, mental health, education, and business. Whether for personal healing, professional development, or a more just world, CBCT equips individuals with the tools to flourish.

[Learn More and Register Here](#)



The graphic is a promotional poster for the 'Unveiling of the Charter 2.0'. At the top left is the 'CHARTER FOR COMPASSION' logo, which features a blue infinity symbol. To the right of the logo is a dark blue banner with white text that reads 'Join us for a historic global gathering! Unveiling of the Charter 2.0'. Below this banner is a grid of ten images: a smiling couple, a white peace symbol on a purple background, a person with arms raised in a sunlit field, hands holding a green plant, a laptop displaying a video conference, a globe made of various national flags, an open book with a red apple on top, a large tree, a collage of religious symbols (Om, Star of David, cross, crescent), a document with a pencil, the text 'JOIN US!', and a white dove. Below the grid is a yellow banner with black text: 'The Charter for Compassion is a document that transcends religious, ideological, and national differences. Supported by leading thinkers from many traditions, the Charter calls on us to activate the Golden Rule around the world.' The main body of the poster is divided into two columns. The left column has a dark blue header with white text: 'TO BE UNVEILED ON NOVEMBER 12, 2025'. Below this, the text reads: 'This landmark webinar celebrates the launch of **Charter for Compassion 2.0: From Inner Healing to Planetary Flourishing**. Through storytelling, music, archival footage, and voices from around the world, we'll revisit the Charter's origins in 2009 and witness its **renewal** today.' Further down, it says: 'Experience how compassion has taken root in over 55 countries, 600 cities, and 3,000 organizations, and discover the transformative power of the arts, including moving performances by Yael Deckelbaum and Nimo Patel.' The right column has a white background with a dark blue header that reads: 'Be part of unveiling the Charter for Compassion 2.0 and exploring the Seven Pillars of Compassionate Action that guide our global work — from education and justice to care for the Earth. This is more than a film; it's an invitation to join a worldwide movement for resilience, renewal, and collective flourishing.' Below this is a section titled 'How and When to Join us!' with a clock icon. It specifies the date: 'When: Wednesday, November 12, 2025' and lists live broadcast times: '7 AM PT / 8 AM MT / 9 AM CT / 10 AM ET / 3 PM GMT / 4 PM SAST / 8.30 PM IST' and '& 4 PM PT / 5 PM MT / 6 PM CT / 7 PM ET / (NOV.13) 11 AM AEDT / 1 PM NZST'. At the bottom right, a dark blue box contains white text: 'Visit our website or email us to register for this event :', followed by the website 'www.charterforcompassion.org' and email 'contact@charterforcompassion.org' with a globe and envelope icon respectively.

Unveiling of the Charter for Compassion 2.0

Wednesday, November 12

7am PT / 8am MT / 9am CT / 10am ET / 3pm GMT / 4pm SAST / 8.30pm IST

OR

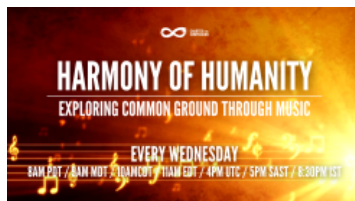
4pm PT / 5pm MT / 6pm CT / 7pm ET / (Nov.13) 11am AEDT / 1pm NZST

Join one of our LIVE broadcasts as we celebrate with these landmark webinars marking the launch of **Charter for Compassion 2.0 — A Charter for Compassionate Transformation: From Inner Healing to Planetary Flourishing.**

Through a powerful blend of storytelling, music, archival footage, and voices from around the globe, the production traces the Charter's journey from its origins in 2009 to its renewal today.

[Learn More and Register Here](#)

News, Programs, and Webinars



Harmony of Humanity: Exploring Common Ground Through Music with Marilyn Turkovich

Every Wednesday

8am PDT / 9am MDT / 10am CDT / 11am EDT / 4pm UTC / 5pm SAST / 8:30pm IST

Music has been an integral part of every culture throughout history, reflecting the unique characteristics and traditions of different societies. From the rhythmic beats of African drums to the intricate melodies of Indian ragas, music provides insight into the lives, histories, and identities of people around the world.

By studying various musical traditions, we gain a deeper appreciation for the diversity and richness of global cultures.

[Register For Series 3 Here!](#)



Compassion Circle: The Charter Sangha

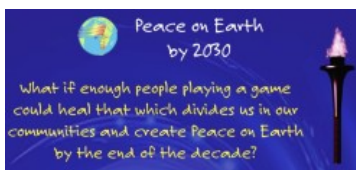
Saturday, October 25

**9am PDT / 10am MDT / 11am CDT / 12pm
EDT / 5pm UTC / 6pm SAST / 9.30pm IST**

On the last Saturday of every month, the Charter for Compassion offers a 90-minute practice of people coming together to be in a Circle, a Sangha.

[Learn More and Register Here](#)

From our Partners



Peace Game

Every Wednesday, October 15 - December 10 - YOU CAN STILL JOIN THIS WEEK!

**9am PDT / 10am MDT / 11am CDT / 12pm
EDT / 5pm UTC / 6pm SAST / 9:30pm IST**

Join David Gershon, architect of the Peace Game and Peace on Earth by 2030 movement, as you embark on this quest to achieve Peace on Earth by 2030.

[Learn More and Register Here](#)

Announcing 2 impactful Virtual Conferences:



The 4th Annual Global Learning For an Open World Conference

November 19-20, 2025

GLOW is a premier virtual event dedicated to global education and innovation. This conference aims to enhance global competencies, foster cross-border collaboration, nurture dynamic global citizenship, and ensure equitable access to quality education for all.

[Learn More Here](#)

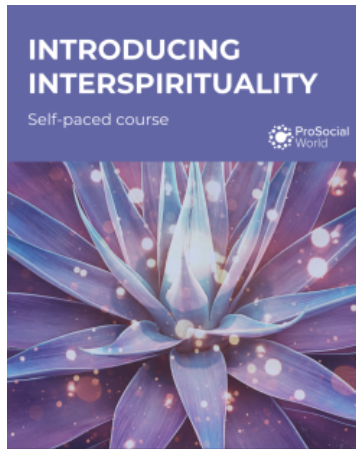


Thrive: United for Democracy and Global Action

January 21-22, 2026

Join democracy practitioners, educators, business leaders, and community organizers from around the world for two days of cutting-edge strategies, cross-sector partnerships, and practical skill-building to strengthen democracy globally.

[Learn More Here](#)



New Virtual, Self-Paced Course: Introducing Interspirituality with ProSocial Spirituality

Are you seeking a deeper spiritual connection?

ProSocial Spirituality blends scientific wisdom with spiritual traditions to create meaningful transformation. Start your journey on your own time with our introductory self-paced course. This course explores Wayne Teasdale's Nine Elements of Universal Spirituality, providing a self-paced journey for personal growth and inner transformation.

[Learn More and Register Here](#)

If you are a Partner organization, or belong to a registered Compassionate City/Community with us, and want to promote your events in The Spark, the Charter for Compassion's newsletter, email contact@charterforcompassion.org



WATCH CHARTER LIVE WITH FELIPE

EVERY THURSDAY AT

FRIDAY FRIDAY

11 AM PST / 8 PM CET / 12.30 AM IST / 6 AM AEDT

ON OUR SOCIAL MEDIA CHANNELS








10/23/25 - With special guest Joseph Were, from our new partners at [Rural to Action](#) in Kenya.

12/04/25 - With special guest Asa Kaur, from our new partners

at [Namdhari Sikh Sangat UK](#)

*If you'd like to be featured in the LIVE show,
email felipe@charterforcompassion.org*

Featured items on the Store



Compassion Sticker

US\$4

These stickers are printed on durable, high opacity adhesive vinyl which makes them perfect for regular use, as well as for covering other stickers or paint.

[Shop Stickers](#)



Compassion Water Bottle

US\$25

This 17-ounce, double-walled stainless steel water bottle is perfect for your daily outings. It features an odor- and leak-proof cap and Compassion in rainbow colors as design.

[Shop Bottles](#)



Charter for Compassion, 2025

You are receiving this newsletter because you signed up for it, or participated in a course, meeting, or webinar with the Charter for Compassion.

